

You're The One I Need

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Denise Moore - October 2017
音樂: Head Over Boots - Jon Pardi : (CD: California Sunrise - iTunes)



Intro: 4 counts (Start 4 count Intro with lyrics)

INTRO: (Just one time at the start of the lyrics)

[5-8] HEEL, HOOK, HEEL, TOUCH

5-8 R Heel, hook R across L, R Heel, R touch

Beginning:

[1-8] LINDY, RIGHT AND LEFT

1&2 Shuffle to the side, R,L,R

3-4 Rock back L, Recover R

5-6 Shuffle to the side, L,R,L

7-8 Rock back R, Recover L

[9-16] SHUFFLE FWD, ½ PIVOT, SHUFFLE FWD, KICK BALL CROSS

1&2 Shuffle fwd, R,L,R

3-4 Step L, ½ pivot to the right (weight on R)

5&6 Shuffle fwd, L,R,L

7&8 Kick R, Step ball of R, Cross L over R (weight on L)

Restart – walls 3 and 5 after 16 counts

[17-24] VINE, RIGHT AND LEFT

1-4 Step side R, Step L behind R, Step side R, Brush L

5-8 Step side L, Step R behind L, Step side L, Touch R

[25-32] KICK BALL CHANGE 2X, ¼ RIGHT MONTEREY TURN

1&2 Kick R, Step ball of R, Step L (weight on L)

3&4 Kick R, Step ball of R, Step L (weight on L)

5-6 Point R toe to R side, Turn ¼ R stepping R next to L (weight on R)

7-8 Point L toe to L side, Step L next to R (weight on L)

ENDING: LAST WALL (facing front) - 24 COUNTS IN – OPTIONAL TAG

[25-28] STEP ½ PIVOT, LEFT HEEL, HOLD

25-28 Step R ½ turn (face front) (weight on R), Present L heel, Hold

***Tag* 20 counts – Beginning of wall 8 (facing 9:00)**

[1-8] ROCK, RECOVER, COASTER, RIGHT AND LEFT

1-2 Rock R, Recover L

3&4 Step back R (ball of foot), Together L (ball of foot), Step fwd R (weight on R)

5-6 Rock L, Recover R

7&8 Step back L (ball of foot), Together R (ball of foot), Step fwd L (weight on L)

[9-16] VINE, RIGHT AND LEFT

1-4 Step side R, Step L behind R, Step side R, Brush L

5-8 Step side L, Step R behind L, Step side L, Touch R

[17-20] HEEL, HOOK, HEEL, TOUCH

1-4 R Heel, Hook R across L, R Heel, Touch R

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