Anak (Child)



拍數: 48 編數: 0 級數: Phrased Easy Intermediate

編舞者: Jennifer Jou (TW) - November 2017

音樂: Anak - Freddie Aguilar



Intro: 38 counts - Sequence: A/Tag/A/Tag/B/A/Tag/A/Tag/B/A/Tag/A/Tag/B/B/Endind

Part A: 16 counts

Sec A1: NIGHT CLUB STEPS, RUMBA BOX BACK

Big step RF to R,hold,step LF behind RF,recover on RF
4& Big step LF to L,step RF behind LF.recover on LF
Step RF to R,step LF together,step RF back
Step LF to L,step RF together,step LF forward

Sec A2: WEAVE L SWEEP, WEAVE R, SWEEP, CROSS SHUFFLE, 1/4 R FLICK, SHUFFLE FORWARD

1&2& Cross RF over LF,step LF to L,cross RF behind LF,sweep LF to back
 3&4 Cross LF behind RF,step RF to R,cross LF over RF,sweep RF to front
 5&6& Cross RF over LF,step LF to L,cross RF over LF, 1/4 turn R flick LF

7&8 Step LF forward, cross LF behind RF, step LF forward

Part B: 32 counts

Sec B1: CROSS, SIDE, BEHIND, SIDE, 1/4 L FORWARD, 1/2 L IN PLACE, 1/4 L SIDE, SLIDE, CROSS,

SIDE, BEHIND, SIDE, 1/4 R FORWARD. 1/2 R IN PLACE, 1/4 R SIDE, SLIDE

1&2& Cross RF over LF,step LF to L,cross RF behind LF,step LF to L

3&4 1/4 turn L step RF forward,1/2 turn L weight on LF,1/4 turn L step RF to R,slide LF towards

RF

5&6& Cross LF over RF,step RF to R,cross LF behind RF,step RF to R

7&8 1/4 tun R step LF forward,1/2 turn R weight on RF,1/4 turn R step LF to L,slide RF towards

LF

Sec B2: ROCKING CHAIR, SHUFFLE FORWARD, 1/2 R FLICK, ROCKING CHAIR, JAZZ BOX 1/4 L

1&2& Rock RF forward,recover on LF,rock RF back,recover on LF

3&4 Shuffle forward By RLR, while 1/2 turn R LF flick

5&6& Rock LF forward,recover on RF,rock LF back,recover on RF
7&8 Cross LF over RF,1/4 turn L steo RF back,step LF to L

Sec B3: CROSS SAMBA R, CROSS SHUFFLE, 1/4 L BACK, 1/4 L SIDE, CROSS, SCISSORS L

1&2 Cross RF over LF,step LF to L,step RF to R3&4 Cross LF over RF,step RF to R,cross LF over RF

5&6 1/4 turn L step RF back,1/4 turn L step LF to L,cross RF over LF

7&8 Step LF to L, step RF together, cross LF over RF

Sec B4: ROCK R,ROCK L,FORWARD,ROCK L,ROCK R,FORWARD,ROCK FORWARD,RECOVER,1/2 R FORWARD,SHUFFLE FORWARD

Rock RF to R,recover on LF,step RF forward
Rock LF to L,recover on RF,step LF forward

Rock RF forward,recover on LF,1/2 turn R step RF forward
 Step LF forward,cross LF behind RF,step LF forward

Tag: 4 counts

Rock RF to R,recover on LF,step RF together Rock LF to L,recover on RF,step LF together

Ending:Repeat sec 4 of Part B

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