

Anak (Child)

拍數: 48 牆數: 0 級數: Phrased Easy Intermediate
編舞者: Jennifer Jou (TW) - November 2017
音樂: Anak - Freddie Aguilar



Intro: 38 counts - Sequence: A/Tag/A/Tag/B/A/Tag/A/Tag/B/A/Tag/A/Tag/B/B/Endind

Part A: 16 counts

Sec A1: NIGHT CLUB STEPS,RUMBA BOX BACK

1 2& Big step RF to R,hold,step LF behind RF,recover on RF
3 4& Big step LF to L,step RF behind LF.recover on LF
5&6 Step RF to R,step LF together,step RF back
7&8 Step LF to L,step RF together,step LF forward

Sec A2: WEAVE L SWEEP,WEAVE R,SWEEP,CROSS SHUFFLE,1/4 R FLICK,SHUFFLE FORWARD

1&2& Cross RF over LF,step LF to L,cross RF behind LF,sweep LF to back
3&4 Cross LF behind RF,step RF to R,cross LF over RF,sweep RF to front
5&6& Cross RF over LF,step LF to L,cross RF over LF, 1/4 turn R flick LF
7&8 Step LF forward,cross LF behind RF,step LF forward

Part B: 32 counts

Sec B1: CROSS, SIDE, BEHIND, SIDE, 1/4 L FORWARD, 1/2 L IN PLACE,1/4 L SIDE, SLIDE, CROSS, SIDE, BEHIND, SIDE, 1/4 R FORWARD. 1/2 R IN PLACE, 1/4 R SIDE, SLIDE

1&2& Cross RF over LF,step LF to L,cross RF behind LF,step LF to L
3&4 1/4 turn L step RF forward,1/2 turn L weight on LF,1/4 turn L step RF to R,slide LF towards RF
5&6& Cross LF over RF,step RF to R,cross LF behind RF,step RF to R
7&8 1/4 tun R step LF forward,1/2 turn R weight on RF,1/4 turn R step LF to L,slide RF towards LF

Sec B2: ROCKING CHAIR,SHUFFLE FORWARD,1/2 R FLICK,ROCKING CHAIR,JAZZ BOX 1/4 L

1&2& Rock RF forward,recover on LF,rock RF back,recover on LF
3&4 Shuffle forward By RLR,while 1/2 turn R LF flick
5&6& Rock LF forward,recover on RF,rock LF back,recover on RF
7&8 Cross LF over RF,1/4 turn L steo RF back,step LF to L

Sec B3: CROSS SAMBA R,CROSS SHUFFLE,1/4 L BACK,1/4 L SIDE,CROSS,SCISSORS L

1&2 Cross RF over LF,step LF to L,step RF to R
3&4 Cross LF over RF,step RF to R,cross LF over RF
5&6 1/4 turn L step RF back,1/4 turn L step LF to L,cross RF over LF
7&8 Step LF to L,step RF together,cross LF over RF

Sec B4: ROCK R,ROCK L,FORWARD,ROCK L,ROCK R,FORWARD,ROCK FORWARD,RECOVER,1/2 R FORWARD,SHUFFLE FORWARD

1&2 Rock RF to R,recover on LF,step RF forward
3&4 Rock LF to L,recover on RF,step LF forward
5&6 Rock RF forward,recover on LF,1/2 turn R step RF forward
7&8 Step LF forward,cross LF behind RF,step LF forward

Tag: 4 counts

1&2 Rock RF to R,recover on LF,step RF together
3&4 Rock LF to L,recover on RF,step LF together

Ending:Repeat sec 4 of Part B

Contact:chou450819@yahoo.com.tw
