

Be M-Mine

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 0 級數: Improver
編舞者: Kelly Cavallaro (USA) - September 2017
音樂: Fever - Adam Lambert



Count In: 16 count intro

[1 – 8] WALK X2, ROCK AND CROSS, SIDE SHUFFLE, ROCK AND TOUCH 7:30

1,2 Walk forward R, L 12
3 & 4 Rock R forward, recover on L making 1/4 turn to L, cross R over L 9
5&6 Shuffle L,R,L to the L 9
7&8 Rock R forward to diagonal (7:30), recover on L, touch R back 7:30

[9 – 16] JAZZ BOX, HIP BUMP , HIP ROLL WITH 1/4 TURN 6

1,2,3,4 Step R over L squaring up (9:00), step back L, step R to R, step forward L 9
5&6 Step R out bumping hip forward, bump hip back, bump hip forward (weight on R) 9
7,8 Roll hip counter clock wise doing a 1/4 turn to L (weight ends on R) 6

[17 – 24] TRAVELING BODY ROLLS X3, COASTER STEP 6

1,2 Hitch L up rolling body back, step L foot back 6
3,4 Hitch R up rolling body back, step R foot back 6
5,6 Hitch L up rolling body back, step L foot back 6
7&8 Coaster step R,L,R 6

[25 – 32] 1/4 TURN, BEHIND -SIDE -CROSS, KICKS 3

1,2 Step L forward, step R forward making 1/4 turn to L 3
3&4 Step L behind R, step R out to R, cross L over R 3
5&6& Kick R out to R, step on R, kick L out to L, step on L 3
7&8& Kick R forward, step on R, kick L forward, step on L

Restart On 8th wall after 16 counts (end weight on L)

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