

I Am Your Man

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: High Improver
編舞者: Judy Rodgers (USA) - November 2017
音樂: I Am Your Man - Seal



Remarks: (for all those who love this music, but aren't advanced enough yet to do Fred & Niels beautiful dance!)

#8 count intro

S1 (1-8): Side, sailor 1/4 L, 1/2 L, 1/2 L step, press recover back, back touch

1 Big step R to right side
2&3 Turn 1/4 left sweep L behind R, step R to right side, step L fwd - 9:00
4&5 Turn 1/2 left step R back, turn 1/2 left step L fwd, step R fwd
6-7& Press L fwd, recover R, step L back
8& Step R back, touch L beside R

S2 (9-16): Basic nightclub L and R, side behind 1/4 L, run run run

1-2& Step L to left side, rock R back, recover L
3-4& Step R to right side, rock L back, recover R
5-6& Step L to left side, step R behind L, turn 1/4 left step L fwd - 6:00
7&8 Run fwd R L R

S3 (17-24): Rock recover, back sweep L & R, back touch, side behind side cross, side rock cross

1-2 Rock L fwd, recover R
3-4-5& Step L back sweep R, step R back sweep L, step L back, touch R beside L
****Restart here on Wall 3 (facing 6:00) - now becomes Wall 4**
6&7& Step R to right side, step L behind R, step R to right side, cross L over R
8&1 Rock R to right side, recover L, cross R over L

S4 (25-32): Side behind 1/4 L, cross rock side (X2), cross 1/4 R

2-3& Step L to left side, step R behind L, turn 1/4 left step L fwd - 3:00
4-5& Cross rock R over L, recover L, step R to right side
6-7& Cross rock L over R, recover R, step L to left side
8& Cross R over L, turn 1/4 R step L back 6:00

**** Bridge Wall 4 (facing 12:00) add 2 counts..... sway R sway L.....continue dance**

S5 (33-40): Back sweep R & L, behind 1/4 L, 1/4 L, sailor step, rock recover 1/2 R

1-2 Step R back sweep L, step L back sweep R
3&4 Step R behind L, turn 1/4 left step L fwd, turn 1/4 left step R to right side - 12:00
5&6 Step L behind R, step R to right side, step L to left side
7&8 Rock R fwd, recover L, turn 1/2 R step R fwd - 6:00

S6 (41-48): Step fwd side rock (X2), kick ball point, drag/touch

1-2& Step L fwd, rock R to right side, recover L
3-4& Step R fwd, rock L to left side, recover R
5&6 Kick L forward, step L down, point R to right side (bend left knee)
7&8 Drag R toward L, touch R (straightening up)

Restart: Wall 3 (starts 12:00 restarts 6:00) Dance 21& counts and Restart dance from beginning
Bridge: Wall 4 (starts 6:00) Dance 32 counts, add 2 counts and continue the rest of the dance

Ending: Wall 5 (starts 12:00) Dance 38 cnts then rock recover to end facing front....smile!

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