

At The House

拍數: 48 牆數: 4 級數: Improver
編舞者: Laurent Chalon (BEL) - November 2017
音樂: At the House - Blake Shelton



Intro : 16 counts

Section 1: Toe Switch, Heel Switch, Toe Swith, Point back, Together, Heel Fwd, Hook

1 RF Point to the right
&
2 LF Point to the left
&
3 RF Heel forward
&
4 LF Heel forward
&
5 RF Point to the right
&
6 LF Point to the left
&
7 RF Point back
&
8 LF Heel forward
&
 LF Hook

Section 2: Shuffle Fwd (x2), Mambo Fwd, Coaster Step

1&2 LF Shuffle forward
3&4 RF Shuffle forward
5&6 LF Mambo forward
7&8 RF Coaster Step

Section 3 : Rock Fwd ¼ turn, Behind Side Cross, ¼ turn step back, ½ turn step Fwd, ¼ turn side step, Touch, ¼ turn step fwd

1-2 LF Rock forward, recover on RF with ¼ turn to the right
3&4 LF behind Side Cross
5 RF ¼ turn to the left, step back
6 LF ½ turn to the left, step forward
7 RF ¼ turn to the left , side step to the right
&
8 LF Touch next to RF
 LF ¼ turn to the left, step forward

Section 4: Step lock step fwd, Point back, Step back, Heel fwd, Step Fwd, Scuff, Step Fwd, Point back, Step Back, Heel Fwd, back Toe Strut ½ turn

1&2 RF Step Lock Step forward
&
3 LF Point back
&
4 LF step back
&
5 RF Heel forward
&
6 RF Step forward
&
7 LF Scuff
&
8 LF Step forward
&
9 RF Point back
&
10 RF step back

- & LF Heel forward
- 7 LF Point back
- 8 LF drop Heel with ½ turn to the left

Section 5: Walk (x2), Travelling Swivel diagonally (x3), Step pivot ½ turn, Coaster step

- 1 RF walk
- 2 LF walk
- 3 RF+LF Swivel both heels (diagonally right forward)
- & RF+LF Swivel both toes (diagonally right forward)
- 4 RF+LF Swivel both heels (diagonally right forward)
- 5-6 LF Step forward, pivot ½ turn to the right
- 7&8 RF Coaster step

Section 6: Walk (x2), Travelling Swivel diagonally (x3), Jazz box ¼ turn

- 1 LF walk
- 2 RF walk
- 3 RF+LF Swivel both heels (diagonally right forward)
- & RF+LF Swivel both toes (diagonally right forward)
- 4 RF+LF Swivel both heels (diagonally right forward)
- 5-8 RF Jazz box with ¼ turn to the right (finish at 3h)

Contact : country@webchalon.be - <http://countrylinedance.webchalon.be>
