

Holy Mother

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 2 級數: Beginner NC2S
編舞者: Russell Breslauer (USA) - October 2017
音樂: Holy Mother (for War Child 1996) Remix - Eric Clapton with Pavrotti



Best if shortened and end at instrumental and sped up to a good dance speed.

Dedicated to the memory of Becky Ng Chan

NIGHT CLUB 2-STEP (Right and Left)

1 – 2 Step right one big step R hold
3 – 4 Rock L behind right Recover on R
5 – 6 Step Left one big step L hold
7 – 8 Rock R behind left Recover on L

BACK ¼ LEFT TURN X2 FORWARD TOGETHER FORWARD

1 – 2 Step back R Hold
3 – 4 Half turn left with Step ¼ left L ¼ left R
5 – 8 Step forward L hold lock R behind left, forward L

* Option: 1-wall 1-4 Forward Hold Forward Back 5-8 Back Hold Back Forward

SIDE ROCK HOLD RECOVER CROSS X2

1 – 2 Step right on R hold
3 – 4 Recover L cross R over left
5 – 6 Step left on L hold
7 – 8 Recover R cross L over right

REVERSE BOX

1 – 4 Step right on R step L next to right step back R hold
5 – 8 Step left on L step R next to left step forward L hold

Repeat to the end

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Last update 10/30/17
