

Reach My Heart

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rudy Honing (NL) - October 2017
音樂: Far to Go - Ronnie Beard : (iTunes, amazon)



S1: Rock back R, Step Lock Step, ½ Turn right, Hitch R, Rock back R

1-2 Step RF back, Weight back on L
3&4 Step RF forward, Lock LF back RF, Step RF forward
5-6 Turn ½ to the right, Step LF back, Hitch R
7-8 Step RF back, Weight back on LF

S2: Step Lock, Step-Lock-Step, Jazzbox-Point

1-2 Step RF forward, Lock LF back RF
3&4 Step RF forward, Lock LF back RF, Step RF forward
5-6 Cross LF over RF, Step RF back
7-8 Step LF to the left side, Point R toe to the right side (snap your fingers)

S3: ½ Turn to the right, Point, ¼ Turn to the left, Point

1-2 Step ¼ turn to the right on RF, Step ¼ turn to the right on LF
3-4 Step RF behind LF, Point L toe to the left side (snap your fingers)
5-6 Step LF over RF, ¼ turn to the left & step RF back
7-8 Step LF to the left side, Point R toe to the right side (snap your fingers)

S4: Figure 8

1-2 Cross RF over LF, Step LF to the left side
3-4 Cross RF back LF, Step LF ¼ turn to the left
5-6 Step RF forward, Turn ½ to the left
7-8 ¼ turn to the left & Step RF to the right side, Cross LF back RF

S5: Long step aside, Rock Back, Step-Together, Chasse to the left

1-2 Step RF to the right side, Hold
3-4 Rock LF back RF, Weight back on RF
5-6 Step LF to the left side, Step RF next LF
7&8 Step LF to the left side, Step RF next LF, Step LF to the left side

S6: Cross-back-side 2x, Cross shuffle R

1-2 Step RF over LF, Step LF back
3-4 Step RF to the right side, cross LF over RF
5-6 Step RF back, Step LF to the left side
7&8 Cross RF over LF, Step LF to the left side, Cross RF over LF

S7: Long step aside, Rock back, Step-Together, Chasse ¼ turn to the right

1-2 Step LF to the left, hold
3-4 Step RF back LF, Weight back on LF
5-6 Step RF to the right side, Step LF next RF
7-8 Step RF to the right side, Step LF next RF, Step RF ¼ turn to right

S8: Pivot ½ turn to right, Shuffle L forward, Step, Kick, Step, Hitch

1-2 Step LF forward, Turn ½ to the right
3&4 Step LF forward, Step RF next LF, Step LF forward
5-6 Step RF forward, Kick LF forward
7-8 Step LF back, Hitch R

Start over

Stepchange in Wall 5 : Section 4 step 7-8

Dance Step 1 to 6

Step 7-8 Rock RF forward, Weight back on LF

For more info : www.honeybeez.nl
