

Second One

拍數: 32 牆數: 4 級數: Improver
編舞者: Lars Kuif (NL) - October 2017
音樂: Second One to Know - Chris Stapleton



Starts after 16 counts.

[1 – 8] R Kick-Ball-Step, R Mambo Step, (Step Back, Heel Dig)2x

1 & 2 Kick R fwd. (1), step R next to L (&), step L fwd. (2) [12.00]
3 & 4 Rock R fwd. (3), recover to L (&), step R back (4) [12.00]
5 – 8 Step L back (5), dig R heel fwd. (6), step R back (7), dig L heel fwd. (8) [12.00]

[9 – 16] Coaster Step, R Lock Step Fwd., Step L Fwd., ¾ Turn R, Side-Behind-Side

1 & 2 Step L back (1), step R next to L (&), step L fwd. (2) [12.00]
3 & 4 Step R fwd. (3), lock L behind R (&), step R fwd. (4) [12.00]
5 – 6 Step L fwd. (5), ¾ turn R and place weight on R [09.00]
7 & 8 Step L to side (7), step R behind L (&), step L to side (8) [09.00]

[17 – 24] Vaudeville, Cross, ½ Twist Turn R, Step R Fwd., Kick, Run L-R-L Back

1 & 2 & Step R across L (1), step L back (&), touch R heel diag. fwd. (2), step R next to L (&) [09.00]
3 – 4 Step L across R (3), twist heels in ½ turn R and place weight to L [03.00]
5 – 6 Step R fwd. (5), kick L fwd. (6) [03.00]
7 & 8 Run L back (7), run R back (&), run L back (8) [03.00]

[25 – 32] (Side Rock, Cross Travelling Fwd.) 2x, Side Rock, Recover With ¼ Turn R, ¼ Turn R, Stomp

1 & 2 Rock R to side an diag. fwd. (1), recover to L (&), step R across L (2) [03.00]
3 & 4 Rock L to side an diag. fwd. (3), recover to R (&), step L across R (4) [03.00]
5 – 6 Rock R to side (5), recover to L with ¼ turn R [06.00]
7 – 8 ¼ turn R stepping R to side (7), stomp L next to R (8) [09.00]

Tag + Restart:

Dance wall 2 up to count 10 (count 2 of section 2, 09.00) and add:

3 – 4 Step R fwd. (3), step L fwd. (4)

And begin again.

Tag + Restart:

Dance wall 6 up to count 7 (section 1, 12.00) and add:

8 Step L next to R

And begin again.

Questions: larskuif@hotmail.com