

Don't

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Tony Myers (UK) - October 2017
音樂: Don't - Darius Rucker : (Album: 'When was the last time' - iTunes)



Intro 16 counts

S1: Side, Rock & Side: Coaster Turn: Heel Grind Turn: Behind, Side, Hitch

1 Step left to side (1)
2&3 Rock back on right behind left (2) Recover on left (&) Step right to side (3)
4&5 Turn 1/4 right Step back on left (4) Step right with left (&) Step forward on left (5) 3:00
6 7 Dig right heel forward Grind 1/4 right on right heel (6) Step left to side (7) 6:00
8&1 Step right slightly behind left (8) Step left to side (&) Hitch right (1)

S2: Side, Touch, Side: R Chasse: Pivot Turn: Cross Shuffle

2&3 Step right to side (2) Touch left to right Instep (&) Step left to side (3)
4&5 Step right to side (4) Step left next to right (&) Step right to side (5)
6 7 Step forward on left (6) Pivot 1/4 right (7) 9:00
8&1 Cross left over right (8) Step right slightly to side (&) Cross left over right (1)

S3: Side, Together, Forward: Side, Together, Back: Point, Turn: Heel ball cross

2&3 Step right to side (2) Step left next to right (&) Step forward on right (3)
4&5 Step left to side (4) Step right next left (&) Step Back on left (5)
6 7 Point right to side (6) Turn 1/2 right onto right (7) 3:00
8&1 Dig left Heel forward (8) Step onto left (&) Cross right over left (1)

S4: Back Touch, Back Touch: Shuffle Turn: Rock Forward, Recover: Kick, Ball Step

2&3& Step back on left (2) Touch right next to left (&) Step back on right (3) Touch left next to right (&)
4&5 Turn 1/4 left step left to side (4) Step right with left (&) Turn 1/4 left step forward on left (5) 9:00
6 7 Rock forward on right (6) Recover on left (7) 9:00
8&1 Kick right forward (&) Step on right (&) R# Side walls 1,3,5,7 [Step left to side (1)]

S5: Turn, Turn: Cross, Side, Rock: Recover, Touch: Step, Turn, Step

2 3 Turn 1/2 left step back on right (2) Turn 1/4 left step left to side (3) 12:00
4&5 Cross right over left (4) Step left to side (&) Rock right across left (5)
6 7 Recover on left (6) Touch right next to left (7)
8&1 Rock forward on right (8) Recover on left (&) Turn 1/2 right step forward on right (1) 6:00

S6: Bump, Bump: Sailor Turn: Behind, Point: Step, Turn, Step

2 3 Touch left forward bump hips forward (2) bump hips forward keeping weight on right (3)
4&5 Step left behind right (4) Turn 1/4 left step right to side (&) Step left to side (5) 3:00
6 7 Step right behind left (6) Point left to side (7)
8&1 Step forward on left (8) Pivot 1/2 right (&) [Step left to side (1)] 9:00

Restarts after:-

#32& counts on walls 1(9:00) 3 (3:00) 5 (9:00) 7 (3:00)

#48 counts on wall 2 (6:00) 4 (12:00) 6 (6:00)

Dance finishes on wall 8 after 32 counts facing 12:00 wall

Enjoy

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