That's My Girl



拍數: 96 編數: 1 級數: Phrased Easy Intermediate

編舞者: Wendy Loh (MY) - July 2017 音樂: That's My Girl - Fifth Harmony



Dance Start from beginning

Sequence: Intro AB Tag1, AB, A(counts A5-A8) Tag2, BB Ending

Intro (16 counts)

123456	Step RF to Right with tab Right Heel 6	6 times and throwing Right hand to R side 6 times

7 8 Tab Right Heel 2 times with pull Right hand down from up

1 2 3 4 Bump Hip to Right, Left, Right, Left

5 6 7 8 Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Pivot 1/2L Turn

PART A (64 counts)

Section A1: Kick Ball Touch, Hip Roll, Forward Shuffle, Forward Mambo

1 &2 3 4 Kick RF Forward, Step RF in place, Touch LF Forward, Hip Roll anti-clockwise 5 &6 7 &8 Forward Shuffle on LF,RF,LF, Step RF Forward Recover on LF, Step RF next to LF

Section A2: Side Mambo, Forward & Back Mambo Step

1 &2	Step LF to L, Recover on RF, Step LF next to RF
3 &4	Step RF to R, Recover on LF, Step RF next to LF
5 &6	Step LF Forward, Recover on RF, Step LF next to RF
7 &8	Step RF Backward, Recover on LF, Step RF next to LF

Section A3: Rock Recover 1/2Turn, Kick Ball Touch 2x, Right Hip Bump

1 & 2	Rock LF Forward, Recover on RF, 1/2L Turn step LF forward
3 & 4	Kick RF Forward, Step RF on ball, Touch LF to L
5 & 6	Kick LF Forward, Step LF on ball, Touch RF to R
7 & 8	Bump Hip to Right twice (Sit Pose – weight on R)

Section A4: Vine to Left, Vine to Right

1234	Step LF to L, Cross RF over LF, Step LF to L, Sit pose to Left side (Weight on Left)
5678	Step RF to R, Cross LF over RF, Step RF to R, Sit pose to Right side (weight on Right)

Section A5: Slow hand and body Movement

1234	Facing 3:00	with Right ha	and slowly up,
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5 6 7 8 Touch RF Forward, body bend over, slowly stroked up tight with right hand

Section A6: 1/2 Left Turn, Step RF to R, Hold, Walk 3/4 Left Turn with Shimmy

1234	1/2L Turn with Ste	p RF to R(1	l), Hold 3 counts(9	9:00) – Straight Up Right Hand

5 6 7 8 Walk on RF,LF,RF,LF 3/4L Turn (12:00)

Section A7: Heel Step

1&2&3&4&	Heel Step on RF.LF.RF,LF 1/4L Turn (9:00)
5&6&7&8&	Heel Step on RF.LF.RF,LF 1/4L Turn (6:00)

Section A8: Heel Step

1&2&3&4&	Heel & Step on RF.LF.RF,LF 1/4L Turn (3:00)
5&6&7&8&	Heel & Step on RF.LF.RF.LF 1/4L Turn (12:00)

PART B (32 counts) Chorus (That's my girl)

Section B1: Heel Tap On RF 8x with Hand Movement

1 2 3 4 Step RF to R with Heel Tap 4x (Punch Right Fist Up 4x) 5 6 7 8 Heel Tap 4x (Punch Right Fist to Right, Up, Right, Up)

Section B2: Repeat Section B1
Or change opposite side to Left Side

Section B3: Body Bend Forward & Up, Point Finger to L & R, Open Both Hands

1 2 Bend Body Forward & Up (both hands stroked up)

3 4 Point Right Finger to Left Side, Hold
5 6 Point Left Finger to Right Side, Hold
7 8 Open Both Hands to Side, Hold

Section B4: Straight Up Right Hand, Hold, Slowly Down Right Hand, Jump Together

1 2 3 4 Straight Up Right Hand (1), Hold 3 counts

5 6 7 8 Slowly pull down Right Hand with 3 counts, Jump both feet together (8)

TAG 1 (8 counts) - Pivot ½ Turn, Modern Jazz Box

1 2 3 4 Step RF Forward, Pivot 1/2L Turn, Step RF Forward, Pivot 1/2L Turn
5 6 7 8 Cross RF over LF, Cross LF Over RF, Step RF Back, Step LF next to RF

TAG 2 (2 counts) – Straightly 1/2L Turn with Stomp on RF, LF (12:00) Happen after 3rd set A (secA5-A8) will facing 6:00, straightly ½ Turn with Stomp on RF, LF

Ending (16 counts) same with Intro (16 counts)

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