

Pray

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Claire Bell (UK) - October 2017
音樂: Pray - Take That



Sect. 1: Rock forward & rock forward, side touch, forward, step pivot ¼ R

1,2& Rock forward on R, recover weight on L, step R next to L
3,4 Rock forward on L, recover weight on R
&5 Step L to L side (angle body to 10.30), touch R next to L
6,7,8 Step forward on R (squaring up to 12.00), step forward on L, pivot ¼ R (3.00)
**** Restart wall 4 – Replace pivot turn (count 8) with touch R next to L, start dance again (3.00)**

Sect. 2: Cross, side, behind side cross, side rock, cross shuffle

1,2 Cross L over R, step R to R side
3&4 Step L behind R, step R to R side, cross L over R
5,6 Rock R to R side, recover weight on L
7&8 Cross R over L, step L to L side, cross R over L

Sect. 3: Turn, turn (making ¼ R) cross shuffle, side rock, back rock

1,2 Step back on L making 1/8 turn R, step R making 1/8 turn R
3&4 Cross L over R, step R to R side, Cross L over R
5,6 Rock R to R side, recover weight on L
7,8 Rock back on R (angle body to R diagonal) recover weight on L

Sect. 4: Step, pivot ¼ L, shuffle ½ turn L, back, back, coaster step

1,2 Step forward on R (straighten up to 6.00), pivot ¼ turn L (3.00)
3&4 Make shuffle ½ turn L stepping RLR (9.00)
5,6 Step back on L, step back on R
7&8 Step back on L, step R next to L, step forward on L

**** Restart wall 4 (see above)**

During the chorus on the word “pray” bring palm of hands together (pray position) ! and on the word “think” point R index finger to head (thinking position) !!

Ending: Wall 12, replace 7&8 in section 2 with a R cross, L back, R side ¼ turn right

Have fun !!

Contact: clairekrazyk@aol.com