

Suave Bahía

拍數: 32 牆數: 2 級數: Improver
編舞者: Eva Sapiña (ES) & Butterflies - October 2017
音樂: Suave - Bahia



Intro: 16 Counts

[1-8] BOTAFOGO x2 (R-L), MAMBO FWD R, MAMBO SIDE L

1&2 RF cross over LF, rock LF to L side, recover onto RF
3&4 LF cross over RF, rock RF to R side, recover onto LF
5&6 RF step fwd, recover, RF step together LF
7&8 LF step side L, recover, LF step together RF

[9-16] PADDLE TURN L, STEP TOUCH x2 (R-L)

1& RF touch fwd. making ¼ turn L, recover onto LF. (9:00)
2& RF touch fwd. making ¼ turn L, recover onto LF (6:00)
3& RF touch fwd. making ¼ turn L, recover onto LF (3:00)
4& RF touch fwd. making ¼ turn L, recover onto LF (12:00)
5 6 Step RF to R, LF touch to RF. (Making Shimmys)
7 8 Step LF to L, RF touch to LF. (Making Shimmys)

[17-24] OUT x2, IN x2, LOCK STEP BACK x2 (R-L)

1 2 RF step fwd diagonally R, LF step fwd diagonally L
3 4 RF step back to the center, LF together RF
5&6 RF step back, LF lock over RF, RF step back
7&8 LF step back, RF lock over LF, LF step back

[25-32] COASTER STEP, STEP TURN ½, STEP FWD. L, HIP BUMP x4

1&2 RF step back, LF beside RF, RF step fwd.
3&4 LF step fwd, ½ turn to R., LF step fwd
5 6 Touch RF to R. and bump R hip, bump R hip
7 8 Bump R hip, bump R hip

TAG 1 : After walls 2 and 6 (In count 8, bump R hip, recover onto RF) (12:00)

1 2 Bump L hip, bump R hip
3 4 Hip roll CCW

TAG 2: After wall 9 (In count 8, bump R hip, recover onto RF) (6:00)

1 2 Bump L hip, Bump R hip.
3 4 Bump L hip, bump R hip
5 6 Hip roll CCW

E-mail: evamariasapi@hotmail.com