

Kau Adalah

拍數: 32 牆數: 4 級數: Beginner / Novice
編舞者: Reni Adiwijaya (INA) - July 2017
音樂: Kau Adalah (feat. Rayi Putra) - Isyana Sarasvati



Restart on 2nd & 9th wall

Intro: 16 counts

S1: PRISSY WALK R,L – SCISSORS R - SIDE,CLOSE,SIDE L – PIVOT ¼ R

1 - 2 Step forward and across R (1) and L (2)
3 & 4 Step R side (3), step L together (&), cross R over (4)
5 & 6 Touch L side (5), touch L beside R (&), touch L side (6)
7 - 8 Step L forward (7), turn ¼ R and recover on R (8)

S2: FORWARD MAMBO L – BACKWARD MAMBO R – PIVOT ½ R - FORWARD LOCK SHUFFLE L

1 & 2 Rock L forward (1), recover on R (&), step L together (2)
3 & 4 Rock R backward (3), recover on L (&), step R together (4)
5 - 6 Step L forward (5), turn ½ R on ball (6)
7 & 8 Step L forward (7), lock R behind (&), step L forward (8)

S3: CHARLESTON – SLIDE R SIDE, CLOSE – KICK,BALL,CHANGE

1 - 2 Touch R toes forward (1), step R backward (2)
3 - 4 Touch L toes backward (3), step L forward (4)

Note: Restart here on 2nd wall (9:00)

5 - 6 Slide R side (5), touch L next to R (6)
7 & 8 Kick L forward (7), step L together (&), touch R in place (8)

S4: BACK LOCKED TRIPLE R,L - STEP BACK R,L,R, TOGETHER

1 & 2 Step R back (1), cross L over R (&), step R back (2)
3 & 4 Step L back (3), cross R over L (&), step L back (4)

Note: Restart here on 9th wall (12:00)

5 - 6 Step R back (5), Step L back (6)
7 - 8 Step R back (7), Step L together (8)

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