

# High Heeled Shoes

拍數: 48      牆數: 4      級數: Improver  
編舞者: Karen Kennedy (SCO) - October 2017  
音樂: High Heeled Shoes - Megan McKenna : (Single)



Music Download:- iTunes and Amazon

Intro:- 16 counts – starting as vocals kick in

## S1: CROSS ROCK, RECOVER, CHASSE, CROSS ROCK, RECOVER, CHASSE WITH ¼ TURN

1 -2            Cross rock right over left, recover on left  
3&4            Step right to right side, close left beside right, step right to right side  
5 -6            Cross left over right, recover on right  
7&8            Step left to left side, close right beside left, ¼ turn left stepping forward on left (9.00)

## S2: SIDE ROCK, RECOVER, RIGHT CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND, SIDE, STEP FWD

1 -2            Side rock right to right side, recover on left  
3&4            Cross right over left, close left beside right, cross right over left  
5 -6            Side rock left to left side, recover on right  
7&8            Cross left behind right, step right to right side, step left forward (9.00)

## S3: ROCK FWD, RECOVER, ½ TURNING SHUFFLE, ROCK FWD, RECOVER, COASTER STEP

1 -2            Rock forward on right, recover on left  
3&4            Over right shoulder ½ turning shuffle stepping- right, left, right (3.00)  
5 -6            Rock forward on left, recover on right  
7&8            Step back on left, step right beside left, step left forward (3.00)

## S4: ROCK FWD, RECOVER, STEP BACK, ROCK FWD, RECOVER, LEFT LOCK STEP, ½ TURNING SHUFFLE

1 -2&            Rock forward on right, recover on left, step right beside left  
3 -4            Rock forward on left, recover on right  
5&6            Step left back, lock right in front of left, step left back  
7&8            ½ turning shuffle over right shoulder - stepping right, left, right (9.00)

## S5: ROCK FWD, RECOVER, STEP BACK, ROCK FWD, RECOVER, RIGHT, LOCK STEP, LEFT SAILOR WITH ¼ TURN

1 -2&            Rock forward on left, recover on right, step left beside right  
3 -4            Rock forward on right, recover on left  
5&6            Step right back, lock left in front of right, step right back  
7&8            Cross left behind right, step right to right side, step left to left side taking ¼ turn left (6.00)

## S6: CROSS ROCK, RECOVER, CHASSE, ROCK FWD, RECOVER, ¾ TURNING SHUFFLE

1 -2            Cross rock right over left, recover on left,  
3&4            Step right to right side, close left to right, step right to right side  
5 -6            Rock forward on left, recover on right  
7&8            ¾ turning shuffle over left shoulder – stepping left, right, left (9.00)

## START AGAIN

TAG: Add at the end of wall 4, facing front wall, before Restarting dance.

## CROSS ROCK, RECOVER, SIDE ROCK, RECOVER

1 -2            Cross rock right over left, recover on left  
3 -4            Side rock right to right side, recover on left

Contact: [karencazza@aol.com](mailto:karencazza@aol.com)

---