God Holds Tomorrow

級數: High Improver

編舞者: Rebecca Armstrong (SCO) - October 2017

音樂: God Holds Tomorrow - The Churchmen

#32 count intro (No Tags Or Restarts)

拍數: 32

[1-8] scuff step, heel swivel, rock back recover, 1/2 shuffle

- 1-2 scuff R foot, step slightly in front of L
- 3-4 swivel heels out, swivel heels together
- 5-6 rock back on R, recover onto L
- 7-8 shuffle 1/2 turn over R shoulder stepping R,L,R

[9-16] rock back recover, 2 x kick ball change, step, 1/4 turn step

- 1-2 rock back on L, recover on to R
- 3&4 kick L forward, step L beside R, step R slightly fwd
- 5&6 kick L forward, step L beside R, step R slightly fwd
- 7-8 step fwd on L, make a ¼ turn L stepping R to R side

[17-24] heel jack, cross side, 1/2 turn touch, side shuffle

- 1&2& step L behind R, step R In place, touch L heel to L diagonal, step L beside R
- 3-4 step R across L, step L to L side
- 5-6 make 1/4 turn over R shoulder stepping R to R side, touch L beside R
- 7&8 step L to L side, step R beside L, step L to L side

[25-32] rock back recover, 2 x kick ball cross, stomp R, L

- 1-2 rock back on R, recover onto L
- 3&4 kick R to R diagonal, step R beside L, step L across R
- 5&6 kick R to R diagonal, step R beside L, step L across R
- 7-8 stomp R in place, stomp L in place

Start again!





牆數:4