Sexy Baliye (Sexy Lover)

級數: Improver (Bollywood Style)

編舞者: Jennifer Choo Sue Chin (MY) - October 2017

音樂: Sexy Baliye - Mika Singh: (OST - Secret Superstar)

Start dance after 6x8's

拍數: 32

SET 1: Weave to Left, Hip Bump, Weave to Right, Hip bump

- Cross RF over LF, Step LF to L, 12:00 1-2
- 3-4 1/8R Step RF behind LF, Bump L hip 1:30
- 5-6 Cross LF over RF, 1/8L Step RF to R, 12:00
- 7-8 1/8L Step LF behind RF, Bump R hip 10:30

SET 2: Gallop with Hitches, Syncopated Jazz Box, Point

- Step down on RF 10:30 1
- 2& Step L ball behind RF and hitch R knee at the same time, Step down on R ball 10:30
- 3& Step L ball behind RF and hitch R knee at the same time, Step down on R ball, 10:30
- Step L ball behind RF and hitch R knee at the same time, Cross RF over LF 10:30 4-5
- 6&7 1/8R Step back on LF, 1/4R Step RF to R, Cross LF over RF 3:00
- 8 Point RF to R 3:00

Restart Point on Walls 3 (facing 9:00) and 8 (facing 6:00)

SET 3: Hip Bumps 2x, Turning Hip Bumps 2x

- 1-2 Touch RF fwd and bump R hip, Step down on RF 3:00
- 3-4 Touch LF fwd and bump L hip, Step down on LF 3:00
- 5-6 1/2L touch RF back and bump R hip, Step down on RF 9:00
- 1/2L touch LF fwd and bump L hip, Step down on LF 3:00 7-8

SET 4: Rocking Chair & Shimmy, 1/2L Paddles

- 1-4 Rock RF fwd, Recover on LF, Rock RF back, Recover on LF (Shimmy shoulders for 4 counts) 3:00
- 5-8 1/8L point RF to R, 1/8L point RF to R, 1/8L point RF to R, 1/8L point RF to R 9:00

Start Again!

^ Restart : On Walls 3 (Start 6:00) & 8 (start 3:00), dance until count 16 and restart the dance facing 9:00 and 6:00 respectively.

+ Tag : After Wall 7 (start 12:00 wall and end 9:00), add the following steps (repeat Set 4 again). Tag Rocking Chair & Shimmy, 1/2L Paddles

- 1-4 Rock RF fwd, Recover on LF, Rock RF back, Recover on LF, Shimmy shoulders during these 4 counts 9:00
- 5-8 1/8L point RF to R, 1/8L point RF to R, 1/8L point RF to R, 1/8L point RF to R 3:00

Then start Wall 8 facing 3:00. Remember Wall 8 is short - only 16 counts, see Restart above.

* Ending *: You will finish Wall 12 facing 6:00. Execute another 1/2L and stomp RF to R to end facing the front wall.

Last Update - 26th Oct. 2017





牆數:4