Top Down Duel



拍數: 64 牆數: 2 級數: Phrased Beginner TO High Improver Option

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音樂: Top Down - BROWN & GRAY



32 count Beginner (A only) 64 count High Improver (A & B)

Intro: 16 counts No Tags and No Re-starts!

Note: Both parts A & B follow the same floor path, so if you want, you can do just Part A throughout

Part A (basic danced on odd numbered walls which start at front):

A1: SIDE, HOLD, ROCK, RECOVER, SIDE, HOLD, ROCK, RECOVER

1-2 Step R to side, Hold

3-4 Rock on L behind R, recover weight on R

5-6 Step L to side, Hold

7-8 Rock on R behind L, recover weight on L

A2: STEP, TOUCH, STEP, TOUCH, STEP, TURN, STEP, HOLD

1-2	Step R diagonally forward, Touch L toe next to R
3-4	Step L diagonally forward, Touch R toe next to L
5-6	Step R forward and pivot ½ turn to left, step on L

7-8 Step R forward, Hold

A3: HEEL, SLAP, HEEL, SLAP, KICK, BACK, BACK, BACK

1-2	Place L heel forward, slap toe down
3-4	Place R heel forward, slap toe down
5-6	Kick L foot forward, step back on L
7-8	Step back on R, step back on LR

A4: ROCK, RECOVER, WALK, WALK, STEP, TOUCH, BACK, TOUCH

1-2	Rock back on R, recover weight on L
3-4	Step R forward, step L forward
5-6	Step R forward, touch L toe next to R
7-8	Step back on L, touch R toe next to L

Part B (The "Duel" danced on even numbered walls which start at back):

B1: SIDE-TRIPLE-ROCK, RECOVER, SIDE-TRIPLE-ROCK, RECOVER

1&2 Step R to side-step L next to R-step R to side

3-4 Rock back on L, recover on R

5&6 Step L to side-step R next to L-step L to side

7-8 Rock back on R, recover on L

B2: 1/2 TURN-TRIPLE, 1/2 TURN-TRIPLE, TURN, STEP, TRIPLE

1&2	Step R across L and ¼ turn to left-step L next to R-step R back and ¼ turn to left (6:00)
3&4	Step L back and ¼ turn to left-step R next to L-step L forward and ¼ turn to left (12:00)

5-6 Step R forward and pivot ½ turn to left, step on L7&8 Step R forward-step L next to R-step R forward

B3: TRIPLE, TRIPLE, KICK-BACK, TRIPLE-BACK

1&2	Step L forward -step R next to L-step L forward
3&4	Step R forward-step L next to R-step L forward
5&6	Kick L forward-step back on R-step back on L

7&8 Step L back-step R next to L-step L back

B4: COASTER-STEP, TRIPLE, FRONT COASTER-STEP, BACK, TOUCH

Step R back-step L next to R-step R forward
Step L forward-step R next to L-step Left forward
Step R forward-step L next to R-step R back

7-8 Step L back, touch R toe next to L

START OVER!!

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