

Badminton

COPPER KNOB
BY STEPHEN HETS

拍數: 52 牆數: 2 級數: Phrased Improver
編舞者: Ayu Permana (INA) - October 2017
音樂: Lagu Sunda - Badminton



The dance starts on vocal - approx. after 31 sec.

SEQUENCE: A - B - A - B - A - A - A - B - A - B - A - A - A - A(24)

PART A: (32 COUNT)

SECTION A1. WALK FORWARD - HEEL & TOE TOUCHES - TOGETHER (12.00)

1-2-3-4 Step forward on R - L - R - L

5-6-7-8 Touch R heel to forward right diagonal - Hook/Touch R toe across L - Touch R heel to forward right diagonal - Step R close to L

SECTION A2. WALK BACKWARD - HEEL & TOE TOUCHES - TOGETHER (12.00)

1-2-3-4 Step backward on L - R - L - R

5-6-7-8 Touch L heel to forward left diagonal - Hook/Touch L toe across R - Touch L heel to forward left diagonal - Step L close to R

SECTION A3. WEAVE & KICK (12.00)

1-2-3-4 Step R to right side - Step L behind R - Step R to right side - Kick L to forward left diagonal

5-6-7-8 Step L to left side - Step R behind L - Step L to left side - Kick R to forward right diagonal

SECTION A4. SIDE SHUFFLE - 1/4 TURN SIDE SHUFFLE (06.00)

1&2 Step R to right side - Step L close R - Step R to right side

3&4 Turn 1/4 left, Step L to left side (9) - Step R close L - Step L to left side

5&6 Step R to right side - Step L close R - Step R to right side

7&8 Turn 1/4 left, Step L to left side (6) - Step R close L - Step L to left side

PART B: (20 COUNT)

All of Part B happens while facing the back wall (06.00) - Walls 2, 4, 8, and 10

SECTION B1. FORWARD DIAGONAL - HITCH - WALK BACKWARD - HITCH (09.00)

1-2-3-4 Step forward diagonally right on R - L - R (7.30) - Hitch L

5-6-7-8 Step backward on L and R - Step backward on L making 1/8 turn right (9) - Hitch R

SECTION B2. OUT OUT - IN IN - SIDE -TOE TOUCH - 1/4 TURN - TOE TOUCH (12.00)

1-2-3-4 Step R out to right side - Step L out to left side - Step R slightly to back center - Step L next to R

5-6-7-8 Step R to right side - Touch L toe close to R - Make 1/4 turn right, step L to left side (12) - Touch R toe close to L

SECTION B3. FORWARD - TOE TOUCH - BACK - HITCH (12.00)

1-2-3-4 Step R forward - Touch L toe behind L - Step L backward - Hitch R in front of L (tapping forehead by the palm of right hand, and leaning the body slightly to the back)

REPEAT

HAVE FUN AND HAPPY DANCING ..

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