

In My Heart

COPPERKNOB
BY STEPHEN HETS

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Pier Luigi Mora - October 2017
音樂: I Be U Be - High Valley



Phrased: A, A, Tag 1, B, Tag 2, B-, A, A, Tag 1, B, Tag 2, B-, A-, B-, B
A= 40 T, Tag 1= 2T, B = 40 T, Tag 2= 8T, B- = 32 T, A- = 32T

A: 40 counts

A1:

1&2 - side shuffle right
3,4 - left foot rock behind, back
5,6 - $\frac{3}{4}$ turn to the right
7&8 - left shuffle forward [8]

A2:

1,2 - step right, turn $\frac{1}{2}$ to left
3&4 - right shuffle turn $\frac{1}{4}$ to left
5,6 - left foot rock behind, back
7&8 - kick, ball, cross [16]

A3:

1,2 - side rock left, back
3&4 - sailor turn $\frac{1}{2}$ to the left
5,6 - right foot slide to right
7,8 - touch behind left, stomp right [24]

A4:

1,2,3 - vine to left
4 - scuff right and $\frac{1}{4}$ turn to left
5,6 - step right, turn $\frac{1}{2}$ to left
7,8 - step right, turn $\frac{1}{4}$ to left [32]

At wall 9 restart here with "B"

A5:

1,2 - rocking chair right ahead
3,4 - rocking chair right back
5,6 - step right, turn $\frac{1}{2}$ to left
7,8 - step right, turn $\frac{1}{2}$ to left [40]

B: 40 counts

B1:

1,2&3&4& - vaudeville right
5,6&7&8& - vaudeville left [8]

B2:

1,2 - step right, turn $\frac{1}{2}$ to left
3&4 - right cross shuffle
5,6 - step left, turn $\frac{1}{2}$ to right
3&4 - left cross shuffle [16]

B3:

1,2 - rock step right, back
3&4 - wave to left
5,6 - rock step left, back
7&8 - wave to right [24]

B4:

1,2 - step right, turn ½ to left
3&4 - shuffle turn ½ to left
5&6 - coaster step
7,8 - step right, turn ½ to left [32]

At wall 4 and 8 Restart here with "A"

At wall 10 Restart here with "B"

B5:

1,2 - full turn to left
3&4 - right shuffle ahead
5,6 - rock step left, back
7&8 - left coaster cross [40]

TAG 1 at 2° and 6° wall add at the end:

1,2 - stomp right , hold

Then Restart with part "B"

TAG 2 at wall 3 and 7 add at the end:

1&2,3,4- side shuffle right, rock behind left

5&6,7,8- side shuffle left, rock behind right

Then Restart with part "B"

Contact: countryfreedom2014@gmail.com
