

# In My Heart

COPPER KNOB  
BY STEPHEN HETS

拍數: 80      牆數: 2      級數: Phrased Intermediate  
編舞者: Pier Luigi Mora - October 2017  
音樂: I Be U Be - High Valley



Phrased: A, A, Tag 1, B, Tag 2, B-, A, A, Tag 1, B, Tag 2, B-, A-, B-, B  
A= 40 T, Tag 1= 2T, B = 40 T, Tag 2= 8T, B- = 32 T, A- = 32T

## A: 40 counts

### A1:

1&2 - side shuffle right  
3,4 - left foot rock behind, back  
5,6 -  $\frac{3}{4}$  turn to the right  
7&8 - left shuffle forward [8]

### A2:

1,2 - step right, turn  $\frac{1}{2}$  to left  
3&4 - right shuffle turn  $\frac{1}{4}$  to left  
5,6 - left foot rock behind, back  
7&8 - kick, ball, cross [16]

### A3:

1,2 - side rock left, back  
3&4 - sailor turn  $\frac{1}{2}$  to the left  
5,6 - right foot slide to right  
7,8 - touch behind left, stomp right [24]

### A4:

1,2,3 - vine to left  
4 - scuff right and  $\frac{1}{4}$  turn to left  
5,6 - step right, turn  $\frac{1}{2}$  to left  
7,8 - step right, turn  $\frac{1}{4}$  to left [32]

At wall 9 restart here with "B"

### A5:

1,2 - rocking chair right ahead  
3,4 - rocking chair right back  
5,6 - step right, turn  $\frac{1}{2}$  to left  
7,8 - step right, turn  $\frac{1}{2}$  to left [40]

## B: 40 counts

### B1:

1,2&3&4& - vaudeville right  
5,6&7&8& - vaudeville left [8]

### B2:

1,2 - step right, turn  $\frac{1}{2}$  to left  
3&4 - right cross shuffle  
5,6 - step left, turn  $\frac{1}{2}$  to right  
3&4 - left cross shuffle [16]

### B3:

1,2 - rock step right, back  
3&4 - wave to left  
5,6 - rock step left, back  
7&8 - wave to right [24]

**B4:**

1,2 - step right, turn ½ to left  
3&4 - shuffle turn ½ to left  
5&6 - coaster step  
7,8 - step right, turn ½ to left [32]

**At wall 4 and 8 Restart here with "A"**

**At wall 10 Restart here with "B"**

**B5:**

1,2 - full turn to left  
3&4 - right shuffle ahead  
5,6 - rock step left, back  
7&8 - left coaster cross [40]

**TAG 1 at 2° and 6° wall add at the end:**

1,2 - stomp right , hold

**Then Restart with part "B"**

**TAG 2 at wall 3 and 7 add at the end:**

1&2,3,4- side shuffle right, rock behind left

5&6,7,8- side shuffle left, rock behind right

**Then Restart with part "B"**

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