

# Cruisin' Together

**COPPER** KNOB  
BY STEPHEN HETS

拍數: 64      牆數: 2      級數: Easy Intermediate  
編舞者: John Bishop (AUS) - October 2017  
音樂: Cruisin' (Single Edit) - Huey Lewis & The News & Gwyneth Paltrow : (Album: Greatest Hits, Remastered - iTunes)



Intro/Wait: 16 counts

## [1 – 8] SIDE, BEHIND, ¼ TURN SHUFFLE, STEP, PIVOT ¾, SIDE SHUFFLE

1,2,3&4      Step L to side, step R behind L, shuffle L, R, L turning 90°L - 9:00  
5,6,7&8      Step R fwd, pivot 270°L onto L, shuffle R, L, R sideways to right - 12:00

## [9 – 16] CROSS, ROCK & CROSS, ROCK & CROSS-SIDE-ROCK-CROSS, SIDE, DRAG, BACK ROCK, REPLACE

1,2&      Cross/rock L over R (1), recover onto R (2), step L next to R (&) - 12:00  
3,4&      Cross/rock R over L (3), recover onto L (4), step R next to L (&)  
5&6&      Cross/step L over R, rock/step R to side, recover onto L, cross/step R over L  
7&8&      Big step L to left (7), drag R towards L (&), rock R behind L (8), recover onto L (&)

## [17 – 24] STEP ¼ R, SPIN FULL R, SHUFFLE FWD, STEP, PIVOT ¾ R, SIDE SHUFFLE

1,2      Step R fwd into 90°R turn, step L fwd spinning full turn R (on L) - 3:00  
3&4      ;5,6 Shuffle fwd R, L, R; step L fwd (5), pivot 270°R onto R (6) - 12:00  
7&8      Shuffle L, R, L sideways to left

## [25 – 32] CROSS, ROCK & CROSS, ROCK & CROSS-SIDE-ROCK-CROSS, SIDE, DRAG, BACK ROCK, REPLACE (Same as counts 9 – 16 but opposite footwork)

1,2&      Cross/rock R over L (1), recover onto L (2), step R next to L (&)  
3,4&      Cross/rock L over R (3), recover onto R (4), step L next to R (&)  
5&6&      Cross/step R over L, rock/step L to side, recover onto R, cross/step L over R  
7&8&      Big step R to right (7), drag L towards R (&), rock L behind R (8), recover onto R (&) □ □

\*(Restart on wall 2) \*\*(add bridge on wall 4)

## [33 – 39] FORWARD ¼ TURN L, MAMBO FWD, MAMBO BACK + SWAY x 2

1-2&3      Step L into 90°L turn; rock/step R fwd, recover back onto L, rock/step R back - 9:00  
4&5      Rock/step L back, recover fwd onto R, rock/step L fwd  
6,7      Step R to side and sway hips right (6), sway hips left (7)

## [40 – 48] CHASSE RIGHT, BALL CROSS, SIDE ROCK CROSS, STEP ¼ TURN, DRAG-FLICK BACK, SHUFFLE FORWARD, BALL (&)

8&1&2      Step R to side (8), step L next to R (&), step R to side (1), step ball L next to R (&), cross/step R over L (2)  
3&4      Step L to side, recover onto R, cross/step L over R  
5&6      Step R back turning 90°L (5), drag ball of L towards R (&), flick L straight back (6) - 6:00  
& 7&8&      Hitch L slightly fwd (&), Shuffle fwd L, R, L (7&8), rock back slightly on R (push off ball of R foot) (&)

## [49 – 56] 45°L HEEL STRUT, BEHIND, SIDE, 45°R HEEL STRUT, STEP BEHIND, SIDE

1&2&      L heel strut fwd on left diagonal (1&), step R slightly behind L (2), step L to side (&)  
3&4      R heel strut fwd on right diagonal (3&), step L slightly behind R (4)  
&      Rock back slightly on R (push off ball of R foot)  
5&6      Large step L to side (5), drag ball of R to cross in behind L (&), step R behind L (6)  
&      Rock back slightly on L (push off ball of L foot)  
7&8      Large step R to side (7), drag ball of L to cross in behind R (&), step L behind R (8)

& Rock back slightly on R (push off ball of R foot)

**[57 – 64] REPEAT COUNTS 49 - 56**

1&2& L heel strut fwd on left diagonal (1&), step R slightly behind L (2), step L to side (&)  
3&4 R heel strut fwd on right diagonal (3&), step L slightly behind R (4)  
& Rock back slightly on R (push off ball of R foot)  
5&6 Large step L to side (5), drag ball of R to cross in behind L (&), step R behind L (6)  
& Rock back slightly on L (push off ball of L foot)  
7&8 Large step R to side (7), drag ball of L to cross in behind R (&), step L behind R (8)  
& Rock back slightly on R (push off ball of R foot)

\* On Wall 2 (starts facing back) RESTART after 32 counts facing 6:00

\* On Wall 4 (starts facing front) INSERT 8 count BRIDGE and continue with dance from count 33 (except on count 33 step L fwd to 3:00 [no ¼ L turn]) facing 3:00

**RESTART & BRIDGE**

\* End of wall 2: after 32 counts RESTART facing 6:00

\*\* 8 count BRIDGE (to be done on wall 4 after 32 counts then continue with dance from count 33 (but without ¼ turn, step directly forward on count 33 instead)

**BRIDGE: STEP SIDE, BEHIND, ¼ L, PIVOT TURN ½ L, STEP ¼ L, BEHIND, ¼ R, FWD**

1,2,3,4 Step L to side, step R behind L, step L fwd turning 90°L, step R fwd - 9:00  
5,6 Pivot 180°L taking weight onto L, step R to side turning 90°L - 12:00  
7,8 Step L behind R, step R fwd turning 90°R - 3:00

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