

Hangin' In There

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Larry Bass (USA) - October 2017
音樂: Hold On, I'm Comin' - Sam & Dave



(Start on vocals)

Alt. music: That's How Country Boys Roll, by Billy Currington [120 BPM]

KICK-BALL-CROSS, KICK-BALL-CROSS; SIDE SWITCHES, HEEL SWITCHES

1&2 Kick Right diagonally forward, Step Right beside Left, Step Left across Right
3&4 Kick Right diagonally forward, Step Right beside Left, Step Left across Right
5& Touch Right toe to right side, Step Right foot beside Left
6& Touch Left toe to left side, Step Left foot beside Right
7& Touch Right heel forward, Step Right foot beside Left
8& Touch Left heel forward, Step Left foot beside Right

FORWARD & BACK SWAY, BUMP & BUMP; FORWARD & BACK SWAY, BUMP & BUMP

9-10 Step Right foot forward & dip & sway hips forward & back
11&12 Bump hips forward-back-forward
13-14 Step Left foot forward & dip & sway hips forward & back
15&16 Bump hips forward-back-forward

SAILOR SHUFFLES; TOUCH BACK ½ TURN, STEP ¼ TURN

17&18 Step Right foot behind Left, Step Left foot to left side, Step Right foot to right diagonal
19&20 Step Left foot behind Right, Step Right foot to right side, Step Left foot to left diagonal
21-22 Touch Right toe back; Turn ½ right (with weight onto Right foot)
23-24 Step Left foot forward; Turn ¼ turn (with right weight onto Right foot)

SAILOR SHUFFLES (LEFT & RIGHT); CROSS & CROSS & CROSS & CROSS

25&26 Step Left foot behind Right, Step Right foot to right side, Step Left foot to left diagonal
27&28 Step Right foot behind Left, Step Left foot to left side, Step Right foot to right diagonal
29& Step Left foot across Right, Step Right foot slightly to right side
30& Step Left foot across Right, Step Right foot slightly to right side
31& Step Left foot across Right, Step Right foot slightly to right side
32 Step Left foot across Right

START OVER

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