

T C Tango

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Gaye Teather (UK) - October 2017
音樂: Tango De Pasión (feat. Toñi Salazer) - Anamor



Count in: 60 counts from very start of track. Start on word 'Tango'

Alternative music: Tango by Michael Nantel (122 bpm. 64 count intro)

Downloads available from iTunes

Or use any of your favourite Tango music

Side Right. Drag. Stomp. Stomp. Side Left. Drag. Stomp. Stomp

1 – 2 Long step to Right on Right. Drag Left towards Right (weight remains on Right)

3 – 4 Stomp Left beside Right. Stomp Right in place

5 – 6 Long step to Left on Left. Drag Right towards Left (weight remains on Left)

7 – 8 Stomp Right beside Left. Stomp Left in place

Optional arm movements: During counts 1 – 2 point both arms to Left side (Right arm across body pointing Left)

Counts 5 – 6: Point both arms to Right side. (Left arm across body pointing Right)

Vine Right. Touch. Vine quarter turn Left. Touch

1 – 2 Step Right to Right side. Cross Left behind Right

3 – 4 Step Right to Right side. Touch Left beside Right

5 – 6 Step Left to Left side. Cross Right behind Left

7 – 8 Quarter turn Left stepping forward on Left. Touch Right beside Left. (9 o'clock)

Right side rock. Recover. Stomp/Clap. Left side rock. Recover. Stomp/ Clap

1 – 2 Rock Right to Right side (pushing Right hip to Right). Recover onto Left

3 – 4 Stomp Right beside Left. Hold & clap hands above head

5 – 6 Rock Left to Left side (pushing Left hip to Left). Recover onto Right

7 – 8 Stomp Left beside Right. Hold & clap hands above head

Walk forward x 3. Kick. Walk back x 3. Touch

1 – 2 Walk forward Right. Left

3 – 4 Walk forward Right. Kick Left foot forward

5 – 6 Walk back Left. Right

7 – 8 Walk back Left. Touch Right beside Left

Start again