

P - B Shuffle

拍數: 64 牆數: 4 級數: Intermediate
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音樂: Poor Boy Shuffle - The Tractors



Count in: Start on vocal after 14 count intro

Toe Touches Side-Front-Side, Flick Behind, Side Step, Flick Behind, Side Step, Flick Behind

1-2 touch right toe to right side, touch right toe in front
3-4 touch right toe to right side, flick right foot behind left foot
5-6 step right foot to right side, flick left foot behind right foot
7-8 step left foot to left side, flick right foot behind left foot

Vine Right with 1/4 Turn right, scuff, Toe Struts Forward

9-10 right foot step to right side, left foot step behind right foot
11-12 right foot 1/4 turn right, left foot scuff forward (03:00)
13-14 touch left toe forward, step on left heel
15-16 touch right toe forward, step on right heel

Kick, Kick, Step Back, Toe Touch Together, Monterey 1/2 Turn Right

17-18 kick left foot forward, kick left foot forward
19-20 step back on left foot, touch right toe next to left foot
21-22 touch right toe to right side, 1/2 turn right and step right foot next to left foot (09:00)
23-24 touch left foot to left side, step left foot next to right foot

Stomp Forward, Hold, Heel Swivel, Stomp Forward, Hold, Heel Swivel

25-26 stomp forward on right foot, Hold (1 count)
27-28 swivel both heel to right side, swivel back to centre
29-30 Stomp forward on left foot, Hold (1 count)
31-32 swivel both heels to left side, swivel back to centre

Rocking Chair, Step Forward, Pivot 1/2 Turn Left, Step Forward, Hold

33-34 rock forward on right foot, recover on left foot
35-36 rock back on right foot, recover on left foot
37-38 step forward on right foot, 1/2 turn left (03:00)
39-40 step forward on right foot, Hold (1 count)

Big Step Forward, Hold, Toe Touch, Hold, Walk Back, Walk Back, Toe Touch, Hold

41-42 make a big step forward on left foot, Hold (1 count)
43-44 touch right toe next to left foot, Hold (1 count)
45-46 step back on right foot, step back on left foot
47-48 touch right toe next to left foot, Hold (1 count)

Reverse Rumba Box with Toe Touch and scuff

49-50 step right foot to right side, step left next to right foot
51-52 Step back on right foot, touch left toe next to right foot
53-54 step left foot to left side, step right foot next to left foot
55-56 step forward on left foot, scuff right foot forward

Jazz Box 1/4 Turn Right, Together, Jazz Box 1/4 Turn Right, Together

57-58 cross right foot over left foot, step back on left foot
59-60 1/4 turn right on right foot, step left next to right foot (06:00)

- 61-62 cross right foot over left foot, step back on right foot
63-64 1/4 turn right on right foot, step left next to right foot (09:00)

TAG (16 count) after Wall 4 (facing 12:00)

Walk Forward R-L-R, Kick & Click Fingers, Walk Back L-R-L, Toe Touch & Click Fingers

Vine Right with Kick & Clap Hands, Vine left with Kick & Clap Hands

- 1-2 walk forward on right, walk forward on left
3-4 walk forward on right, kick left foot forward (click fingers)
5-6 walk back on left, walk back on right
7-8 walk back on left, touch right toe next to left foot (click fingers)
9-10 step right foot to right side, cross left foot behind right foot
11-12 step right foot to right side, kick left foot over right foot & clap hands
13-14 step left foot to left side, cross right foot behind left foot
15-16 step left foot to left side, kick right foot over left foot & clap hands
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