

# Spirit In The Sky

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Wil Bos (NL) - October 2017  
音樂: Spirit In the Sky - Gareth Gates : (Album: Go Your Own Way)



Intro: 32 counts

Couple of months ago i have to do a workshop with one of my first dances for me was that "Spirit In The Sky".  
It's a Re-Release I edit a restart what makes the dance better

## Walk Fwd x2, Heel Switches, Toe Switches, Point, Unwind ¼ R

1-2                RF step forward, LF step forward  
3&4&            RF dig heel forward, RF together, LF dig heel forward, LF together  
5&6&            RF point side, RF together, LF point side, LF together  
7-8                RF point side, LF ¼ turn right on ball foot

## Coaster, Shuffle Fwd, Rock Fwd Recover, Ball Rock Fwd Recover

1&2                RF step back, LF together, RF step forward  
3&4                LF step forward, RF step beside, LF step forward  
5-6&            RF rock forward, LF recover, RF step beside on ball foot  
7-8                LF rock forward, RF recover

## Shuffle ½ L, Rock Side Recover, Behind Side Cross, Rock Side Recover

1&2                LF ¼ left step side, RF step beside, LF ¼ left step forward  
3-4                RF rock side, LF recover  
5&6                RF cross behind, LF step side, RF cross over  
7-8                LF rock side, RF recover

## Sailor ¼ L, Shuffle Fwd, Pivot ½ R, Pivot ¼ R

1&2                LF ¼ left cross behind, RF step beside, LF step slightly forward  
3&4                RF step forward, LF step beside, RF step forward  
5-6                LF step forward, L+R ½ turn right  
7-8                LF step forward, L+R ¼ turn right

Start again

## Tag+Restart

Dance the 4th wall up to and including count 16 (count 8 of the 2nd section), add  
&                LF step beside on ball foot  
and start again