Everybody's Got A Secret



拍數: 64 牆數: 2 級數: Intermediate 編舞者: Neville Fitzgerald (UK) & Julie Harris (UK) - October 2017

音樂: Secrets - P!nk : (Album: Beautiful Trauma - iTunes)



#32 Count Intro...

S1: Step. Lock & Step.	Haal Baumaa	Dook Dook	Deserver	Tauch Dall Crass
ST SIED LOCK & SIED	neer bounce	DACK BOCK	Recover	TOUCH BAIL GOSS

1-2& Step Left forward diagonal Left, lock Right behind Left, step Left forward diagonal Left.

3&4 Step Right forward diagonal Right, lift both heels, lower both heels.

5-6 Rock back on Right, recover on Left.

7&8 Touch Right next to Left, step Right to Right side, cross step Left over Right.

S2: 1/4, 1/2, 1/2 Shuffle , Sway, Sway, Sway, Sway,

1-2 Make 1/4 turn Right stepping forward Right, 1/2 turn Right stepping back on Left.

3&4 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 turn Right stepping

forward Right. (3.00)

5-6 Step forward Left pushing Left hip forward, recover on Right pushing Right hip back.

7-8 Recover forward Left pushing Left hip forward, recover on Right pushing Right hip back.

S3: Back, Coaster Step, 1/4, Back Rock, Recover, 1/4 Shuffle.

1 Step back on Left.

2&3 Step back on Right, step Left next to Right, step forward on Right.

4 Pivot 1/4 turn to Left pushing Right hip out to side. (12.00)

5-6 Rock back on Left, recover on Right.

7&8 Make 1/4 turn Right stepping back on Left, step Right next to Left, step back on Left. (3.00)

S4: 1/2, Sweep, Step, Sweep, Cross, Back, Ball Cross, Side.

1-2 Make 1/2 turn to Right stepping forward on Right, sweep Left from back to front. (9.00)

3-4 Step Left forward (slightly across), sweep Right from back to front.

5-6 Cross step Right over Left, step back on Left.

&7-8 Step Right to Right side, cross step Left over Right, step Right to Right side.

S5: Back Rock Recover, Dip Touch, Dip Touch, Kick Ball Cross.

1-2 Rock back on Left, recover on Right.

Step Left to Left side with a little dip, touch Right to Right diagonal.Step Right to Right side with a little dip, touch Left to Left diagonal.

7&8 Kick Left to Left diagonal, step Left to Left side, cross step Right over Left.

S6: 1/4, 1/2 Shuffle, Ball Step, Rock, Recover, Back, Together.

1 Make 1/4 turn to Right stepping back on Left. (12.00)

2&3 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 turn Right stepping

forward Right. (6.00)

Step Left next to Right, step forward Right.
Rock forward on Left, recover on Right.
Step back on Left, step Right next to Left.

S7: Back, Twist, Twist, Step, Rock Recover, 1/2 Shuffle.

1-2 Step back on Left, twist 1/2 turn to Left.

3-4 Twist 1/2 turn to Right, step forward on Left.

5-6 Rock forward on Right, recover on Left.

7&8 Make 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 turn Right

stepping forward Left. (12.00)

S8: Cross, Back, Coaster Step, Cross, Back, 1/2 Shuffle

1-2 Cross step Left over Right, make 1/4 turn Left stepping back on Right.

3&4 Step back on Left, step Right next to Left, step forward on Left.

5-6 Cross step Right over Left, make 1/4 turn Right stepping back on Left.

7&8 Make 1/4 turn Right stepping Right to Right side, step Left next to Right, 1/4 turn Right

stepping forward Left. (6.00)

Tag: Danced At End Of Wall 5 Step 1/2 Pivot, Step 1/2 Pivot.

1-2 Step forward on Left. pivot 1/2 turn to Right.3-4 Step forward on Left, pivot 1/2 turn to Right.

^{**} Restart: Wall 5 - Dance Up To & Including Count 8 Section 6. (48)