

# 10 Foot Pole

**COPPER** **NOB**  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Stefano Civa (IT) - October 2017  
音樂: 10 Foot Pole - Toby Keith



Start dancing on lyrics

## SHUFFLE SIDE, ROCK BACK, SHUFFLE $\frac{3}{4}$ TURN, ROCK BACK

1-2      Chassé R-L-R to side  
3-4      Rock back left, recover to right  
5-6      Chassé L-R-L  $\frac{3}{4}$  turn to the right  
5-8      Rock back right, recover to left

## ROCKING CHAIR, TURN $\frac{1}{2}$ LEFT, FULL TURN

1-2      Step right forward, recover to left,  
3-4      Step right back, recover to left  
5-6      Step right forward, turn  $\frac{1}{2}$  left  
7-8      Step right back  $\frac{1}{2}$  turn left, step left forward  $\frac{1}{2}$  turn left

## MONTEREY $\frac{1}{2}$ TURN, MONTEREY $\frac{1}{2}$ TURN

1-2      Right point to right side, turn  $\frac{1}{2}$  right and step right together  
3-4      Left point to left side, step left together (weight on left)  
5-6      Right point to right side, turn  $\frac{1}{2}$  right and step right together  
7-8      Left point to left side, step left together (weight on left)

## KICK BALL CHANGE TWICE, OUT, CROSS, UNWIND

1-4      Kick ball change right twice  
5-6      Out right and left, cross right over left forward and left over right behind  
7-8      Unwind  $\frac{3}{4}$  turn left

## REPEAT

## RESTART : on 5th wall after 22 counts (at 6:00)

21-22      Right point to right side, stomp up right near left

Per contattare il coreografo.: Stefano Civa | Email: stefanociva@vodafone.it | Website:  
<http://valcenocountry.com>

Via Alpini d'Italia 1/A Varano de' Melegari (PR) Italy