Are You With Me

拍數: 32

級數: Improver

編舞者: Trizia Ruggiero (UK) - October 2017

音樂: Are You With Me - Lost Frequencies

SECTION 1: WALKS /KICK/TOUCH

- 1-4 Walk forward R-L-R - Kick L forward
- 5-8 Walk back L-R-L – Touch R beside L

SECTION 2: VINE/TOUCH/ROLLING VINE /QUARTER TURN

- Step R to side -step L behind R/ step R to side/ touch L beside R 1-4
- 5-8 Step L to side / step R half Turn/ step L half turn/ step R quarter turn

SECTION 3: ROCKING CHAIR/ JAZZBOX QUARTER TURN

- 1-4 Rock forward on R- Recover weight on L- Rock back on R - recover on L
- 5-8 Cross R over L- step L back quarter turn step R to side- step L beside R

SECTION 4: PIVOT HALF TURN WITH A TOUCH/ FULL TURN/ WALKS

- Step forward on R half turn transfer weight onto L- touch R beside L 1-3
- 4-6 Full turn going forward
- 7-8 Walk forward R-L

END OF DANCE/ NO TAGS OR RESTARTS

NOTE: Rolling vine maybe done as - Vine L with a quarter turn/ full turn -replace with walks

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牆數: 2