

Left With My Heart

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 2 級數: Waltz
編舞者: Curtis Smith (USA) - September 2017
音樂: Left With My Heart - Brushwood : (Album: Learn To Dance - Amazon)



#12 Count Intro:

S(1) DIAGONAL TWINKLES

1-3 Step L Diagonally Forward Over R, Step R To Side, Step L Next To R
4-6 Step R Diagonally Forward Over L, Step L To Side, Step R Next To L

S(2 &3) DIAMOND PATTERN WITH BASIC WALTZ STEPS

You Will Be Making A Diamond Pattern (Like In Baseball) Starting By Angling Toward 3rd Base, Then 2nd, Then 1st, And Lastly Home Plate.

1-3 3rd Base L-R-L Facing (9)
4-6 2nd Base R-L-R (Backing Up) Facing (6)
1-3 1st Base L-R-L Facing (3)
4-6 Home Base R-L-R (Backing Up And Facing 12'oclock Wall)

S(4) BASIC WALTZ STEPS FORWARD AND BACK

1-3 Step L Forward, Step R Slightly Forward Of L, Step L Together With R
4-6 Step R Back, Step L Back Slightly Past R, Step R Together With L (12)

S(5) CROSS ROCK, RECOVER X2

1-3 Cross Rock L Over R, Recover Weight To R, Step Left To Left Side
4-6 Cross Rock R Over L, Recover Weight To L, Step R To Right Side (12)

S(6) CROSS ROCK, ¼ TURN TO LEFT

1-3 Cross Rock L Over R, Recover Weight To R, Step On L Making ¼ Turn To The Left,
4-6 Rock To Right On R, Recover Weight To L, Cross Step R Over L (9)

S(7) WEAWE, CROSS ROCK, RECOVER

1-3 Step L To Left, Step R Behind Left, Step L To Left
4-6 Cross Rock R Over L, Recover Weight To L, Step R To Right Side (9)

S(8) WEAWE, STEP SIDE, TOUCH

1-3 Cross Step L Over R, Step R To Right Side, Step L Behind R
4-6 Step R To Right Side, Slide L To R, Touch L Next To R (9)

S(9) SIDE STEP, STEP BEHIND, ¼ TURN LEFT, BASIC FORWARD

1-3 Step L To Left, Step R Behind L, Step On L Making A ¼ Turn To Left (6)
4-6 Step R Forward, Step L Forward, Step R Forward

S(10) STEP FORWARD, TOUCH, HOLD, STEP BACK, TOUCH, HOLD

1-3 Step L Forward, Touch R At Slight Diagonal Forward, Hold
4-6 Step R Back, Touch L At Slight Diagonal Back, Hold

START OVER

Contact: c-bsmith@sbcglobal.net