

# Haide

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kate Sala (UK) - October 2017  
音樂: Haide (feat. Kemist) (Phoebus Remix) - Helena Papparizou : (Album:Summer Extended 2017)



Music Available as mp3 download [www.amazon.co.uk](http://www.amazon.co.uk)

Intro: 16 counts.

**Walk Right, Left, Right Side Ball Step, Cross, Side, Behind, Left Side Ball Step, Cross.**

1 2            Walk forward on R, L.  
& 3 4        Rock out on ball of R to right side. Recover on to L. Cross step R over L.  
5 6            Step L to left side. Cross step R behind L.  
& 7 8        Rock out on L to left side. Recover on to R. Cross step L over R.

**Step Right, Together, Right, Together, Back, Rock Back With Kick, Recover, Shuffle.**

1 2            Step R to right side. Step L next to R.  
3 & 4        Step R to right side. Step L next to R. Step back on R.  
5 6            Rock back on L with low kick forward with R. Recover on to R.  
7 & 8        Step forward on L. Step R next to L. Step forward on L. \*(Restart during wall 5)

**Forward Rock With 1/4 Turn Right, Cross Shuffle, Side, Behind With Sweep, Behind, Side, Cross.**

1 & 2        Rock forward on R. Recover on to L. Turn 1/4 right stepping R to right side. 3:00  
3 & 4        Cross step L over R. Step R to right side. Cross step L over R.  
5 6            Step R to right side. Cross step L behind R sweeping R round clockwise from front to back.  
7 & 8        Cross step R behind L. Step L to left side. Cross step R over L.

**Left Side Rock, Recover & Step Right, Together, Cross 1/2 Turn Right, Step Forward.**

1 2 &        Rock out on L to left side. Recover on to R. Step L next to R.  
3 4            Step R to right side. Step L next to R.  
5            Cross step R over L.  
6 7            Turn 1/4 right stepping back on L. Turn 1/4 right stepping R to right side. 9:00  
8            Step forward on L.

**Start Again**

**Restart: During wall 5 facing 12:00 restart after 16 counts**