

# Life After Love

拍數: 32      牆數: 4      級數: Improver  
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音樂: Believe - ROOKIES : (Single)



## Intro 32 counts

### Rock Across Recover, Chassé $\frac{1}{4}$ R, Pivot $\frac{1}{2}$ R, Shuffle Fwd

1-2            RF rock across, LF recover  
3&4           RF step side, LF together, RF  $\frac{1}{4}$  right step forward  
5-6           LF step forward, L+R  $\frac{1}{2}$  turn right  
7&8           LF step forward, RF step beside, LF step forward [9]

### Cross Side, Sailor, Cross, Side, Sailor $\frac{1}{4}$ L

1-2            RF cross over, LF step side  
3&4           RF cross behind, LF step beside, RF step side  
5-6           LF cross over, RF step side  
7&8           LF  $\frac{1}{4}$  left cross behind, RF step beside, LF step slightly forward [6]

### Cross, Point (x2), Ball Fwd, Lock, Step Lock Step Fwd

1-4            RF cross over, LF point left forward, LF cross behind, RF point side  
&5-6          RF step beside on ball foot, LF step forward, RF lock behind  
7&8           LF step forward, RF lock behind, LF step forward [6]

### Pivot $\frac{1}{4}$ L, Cross Shuffle, Side, Touch, Ball Cross, Point

1-2            RF step forward, L+R  $\frac{1}{4}$  turn left  
3&4           RF cross over, LF step side, RF cross over  
5-6           LF step side, RF touch beside  
&7-8          RF step beside on ball foot, LF cross over, RF point side [3]

## Start again

Restart: Dance the 6th wall up to and including count 16 (count 8 of the 2nd section) and start again