

Don't Down

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Hotma Tiarma Purba (INA) - October 2017
音樂: Down (feat. Lil Wayne) - Jay Sean



Dance begins on main vocal.

I. CROSS ROCK, SIDE ROCK, CROSS ROCK, ¼ TURN R, CROSS SHUFFLE

1-2 Cross R over L, recover on L
3-4 Step R to right side, recover on L
5-6 Cross R over L, turn ¼ R and hitch L (03.00)
7&8 Cross L over R, step R to right side, cross L over R

II. HIP ACTION, BODY ROLL, COASTER STEP

1-2 Step R to right side, recover on L
3-4 Recover on R, recover on L
5-6 Step R forward, recover on L (with body roll)
7&8 Step R backward, step L next to R, step R forward

(Note: do count 1-4 above with hip action)

III. L DIAGONAL STEP, LOCK, LOCK STEP, R DIAGONAL STEP, LOCK, LOCK STEP

1-2 Step L forward diagonal to left (01.30), lock R behind L
3&4 Step L forward diagonal, lock R behind L, step L forward diagonal
5-6 Step R forward diagonal to right (04.30), lock L behind R
7&8 Step R forward diagonal, lock L behind R, step R forward diagonal

IV. 1/8 TURN R, ½ TURN R, ¼ TURN R, SHUFFLE, ½ SPIRAL TURN

1-2 Turn 1/8 R stepping L forward, turn ½ R stepping R forward
3&4 Turn ¼ R stepping L to left side, step R next to L, step L to left side (03.00)
5-6 Step R backward and grind L heel, step L backward and grind R heel
7-8 Cross R over L, making ½ spiral turn (09.00)

No Tag And No Restart

Enjoy the dance and happy dancing.

For more information, please kindly contact me on: hottiepurba28@gmail.com