

Paint The Town

COPPER KNOB
BY STEPHENETS

拍數: 112 牆數: 1 級數: Phrased Intermediate
編舞者: Tjwan Oei (NL) - October 2017
音樂: Paint The Town - Bernie Heaney
或: Paint The Town - C.C. Cooper



Sequence : A - B - B - C - A - B - B - B - B - End

A : 48 counts

A01: Step fwd . – Touch back – Step back – Kick fwd . – Step fwd. – Touch back – Step back – Kick fwd .

1-2-3-4 RF. step fwd. – LF. touch back – LF. step back – RF. kick fwd.

5-6-7-8 RF. step fwd. – LF. touch back – LF. step back – RF. kick fwd.

A02: Step diag right fwd. Lock – Step fwd . – Brush – Step dig. Left fwd . – Lock – Step fwd .- Brush

1-2-3-4 RF. step diag. right fwd. – LF. lock behind RF. – RF. step fwd. – LF. brush fwd .

5-6-7-8 LF. step diag. left fwd . – RF. lock behind LF. – LF. step fwd . – RF. brush fwd .

A03: Step back – Kick fwd . – Step back – Kick fwd . – Shuffle back – Coaster step

1&2& RF. step back – LF. kick fwd. – LF. step back – RF. kick fwd .

3&4& RF. step back – LF. kick fwd. – LF. step back – RF. kick fwd.

5&6 RF. step back – LF. step together – RF. step back

7&8 LF. step back – RF. step together – LF. step fwd .

A04: Veaux de ville (2x)

1-2-3-4 RF. step to right side – LF. cross over RF . – RF. step to right – LF. touch heel to left side

5-6-7-8 LF . set ball down – RF. cross over LF. – LF. step to left – RF. touch heel to right side

A05: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2-3-4 RF. step fwd . – Rec. weight onto LF. – RF. step back – Rec . weight onto LF.

5-6-7-8 RF. step fwd . – RF./LF. step ½ turn left – RF. step fwd . – RF./LF. step ¼ turn left

A06: Cross over – Step back – Side step – Cross over – Step ¼ turn left back – Step back – Back – Coaster step

1-2-3&4 RF. cross over LF. – LF. step back – RF. step to right side – LF. cross over RF. – RF. step ¼ turn left back

5-6-7&8 LF. step back – RF. step back – LF. step back – RF. step together – LF. step fwd .

B : 32 counts

B01: Right side rock – Rec. – Cross over - Hold – Left side rock – Rec. – Cross over – Hold

1-2-3-4 RF. rock to right side – Rec. weight onto LF. – RF. cross over LF . – Hold

5-6-7-8 LF. rock to left side – Rec. weight onto RF. – LF. cross over RF. – Hold

B02: Step diag. right fwd. – Lock – Step fwd. – Scuff fwd . – Step diag. left fwd. – Lock – Step fwd. - Scuff fwd .

1-2-3-4 RF. step diag. right fwd. – LF. lock behind RF. – RF. step fwd . – LF. scuff fwd .

5-6-7-8 LF . step diag . left fwd . – RF. lock behind LF . – LF. step fwd .- RF. scuff fwd .

B03: Step fwd . – Touch left – Step fwd . – Touch right – Step fwd. – Touch left – Step fwd. – Touch right

1-2-3-4 RF. step fwd . – LF. touch to left side – LF. step fwd . – RF. touch to right side

5-6-7-8 RF . step fwd . – LF. touch to left side – LF. step fwd . – RF. touch to right side

B04: Step back – Lock – Step back – Kick fwd . – Step back – Lock – Step back – Kick fwd .

1-2-3-4 RF. step back – LF. lock in front of RF. – RF. step back – LF. kick fwd .

5-6-7-8 LF. step back – RF . lock in front of LF . – LF. step back – RF . kick fwd .

C : 32 counts

C01: Military step full turn right – Touch

1-2-3-4 RF .step ¼ turn right fwd. – LF. step together – RF. step ¼ turn right fwd. – LF . step together
5-6-7-8 RF. step ¼ turn right fwd . – LF. step together – RF. step ¼ turn right fwd . – LF. touch beside RF.

C02: Military step full turn left – Touch

1-2-3-4 LF. step ¼ turn left fwd .- RF. step together – LF. step ¼ turn left fwd .- RF. step together
5-6-7-8 LF. step ¼ turn left fwd . – RF . step together – LF. step ¼ turn left fwd . – RF. touch beside LF .

C03: Right side step – Together – Chasse right – Cross rock – Recover – Chasse with ¼ turn left

1-2-3&4 RF. step to right side- LF. step together – RF. step to right – LF. step together – RF. step to right side
5-6-7&8 LF. cross over RF. – Rec. weight onto RF. – LF. step to left side – RF. step together – LF. step ¼ turn left fwd .

C04: Rocking chair – Pivot ½ turn left – Pivot ¼ turn left

1-2-3-4 RF. step fwd. – Rec. weight onto LF. – RF. step back – Rec . weight onto LF .
5-6-7-8 RF. step fwd. – RF./LF. step ½ turn left – RF . step fwd. – RF./LF. step ¼ turn left

End : Do the dance B – Section 03 till the end

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