Time for George



拍數: 32 牆數: 0 級數:

編舞者: Karen Donnelly (AUS) - October 2017

音樂: Time (Clock of the Heart) - Culture Club: (Album: The Best of Culture Club)



[1-8] ROCK HALF TURN SHUFFLES

1-2 Rock forward R back on L
3&4 Half turn shuffle RLR
5-6 Rock forward L back on R
7&8 Half turn shuffle LRL

[9-16] CROSS BACK STEPS & HIPS

1-4 Cross R over L, Step back on L, Step back on R, Cross L over R

4-8 4 hips RLRL

Restarts Here *****

[17-24] CROSS ROCKS 1/4 TURN SHUFFLE BACK

1-4 Rock R over L at angle to corner, Weight back on L, Rock R to side, Weight back on L

5-6 Rock R forward at the same time turn ¼ turn, Weight back on L

7&8 Shuffle back RLR

[25-32] ROCK, SHUFFLE, PADDLE TURN & HIPS

1-2 Rock back L, Rock forward R

3&4 Shuffle forward LRL

5-6 Paddle turn to back wall, step forward on R, ¼ turn to L with weight change to L foot

7-8 2 hip sways RL

Restarts at *****

Wall 4, 5, 9 & 10 The Restarts are quite clear in the music.

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