A Little Glory And Grace

級數: Beginner

編舞者: Susan Dodge (USA) - March 2017

音樂: Glory and the Grace - Luke Bell : (CD: Luke Bell)

Intro: After drum solo, starting with counts 1-2 (which are spoken on track) add 3-4, then count to 16 during piano section Tag after 1st repetition

Section 1: Charleston, toe struts X3, step

- 1-2 Kick R forward, step R back,
- 3-4 Touch L back, step L forward
- 5&6& Touch R toe forward, drop R heel, Touch L toe forward drop L heel
- 7&8 Touch R toe forward, drop R heel, step L forward

Section 2: Step 1/2, rocking chair, walk, walk, shuffle

- 1-2 Step R forward, pivot ½ left (weight is on L) (6:00)
- 3&4& Rock forward on R, recover L in place. Rock R back, recover L in place
- 5-6 Step R forward, step L forward
- 7&8 Step R forward, step L next to R. Step R forward

Section 3: Step touch, vine, 1/4, 1/2, walk 3X

- 1-2 Step L to left side, touch R next to L
- 3-4 Step R to right side, step L behind R
- 5-6 Turning ¼ right, step R forward, step L forward (9:00)
- 7-8 Pivot ¹/₂ turn right (weight is on R), step L forward
- 9-10 Step R forward, step L forward
- *TAG wall 1

*Tag after 1st wall: 4 count jazz box -

1234 Cross R over L, step L back, step R to side, step L forward

Restart dance.

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拍數: 26 牆數: 4