

Second One To Know

拍數: 32 牆數: 4 級數: Improver
編舞者: Magali Bérenger (FR) - October 2017
音樂: Second One to Know - Chris Stapleton : (Album: From a Room Vol.1)



Intro 16 counts

SCT 1 : Rock ¼ Turn Fwd, Rock ¼ Turn Fwd, Fwd ½ Turn Fwd, Step Lock Step

1 & 2 Rock RF fwd, Recover on LF, ¼ Turn right stepping RF fwd 3:00
3 & 4 Rock LF fwd, Recover on RF, ¼ Turn Left stepping LF fwd 12:00
5 & 6 Step RF fwd, ½ turn Left stepping LF fwd (6:00), Step RF fwd
7 & 8 Step LF fwd, Lock RF behind LF, Step LF fwd

SCT 2 : Side Rock Cross, Side Rock ¼ turn Fwd, Heel Hook Heel, Coaster step

1 & 2 Rock RF on Right side, Recover on LF, Cross RF over LF
3 & 4 Rock LF on Left side, Recover on RF with 1/4 turn Right (9:00) , Step LF fwd

RESTART WALL 2 (facing 6:00)

5 & 6 Touch Right Heel fwd, Hook RF over LF, Touch Right Heel fwd
7 & 8 Step RF back, Step LF next to RF, Step RF fwd

SCT 3 : Out Out, Clap, In In, Clap Clap, Cross & Heel & Cross Shuffle

& 1 - 2 Step LF slightly on Left side, Step RF slightly on Right side, Clap hands up
& 3 & 4 Replace RF to centre, Replace LF to centre, Clap hands 2 times (& 4)
5 & 6 Cross RF over LF, Step LF next to RF, Touch Right Heel fwd
& 7 & 8 Step RF next to LF, Cross LF over RF, Step RF next to LF, Cross LF over RF

SCT 4 : Half Rumba box, Side Chassé, Sailor ¼ side, Sailor ¼

1 & 2 Step RF on Right side, Together on LF, Step RF fwd
3 & 4 Step LF on LF side, Together on RF, Step LF on LF side
5 & 6 Cross RF behind LF, ¼ Turn Right stepping LF on Left side (12:00), Step RF on right side
7 & 8 Cross LF behind RF, ¼ Turn Left stepping RF on right side (9:00), Step LF fwd

END OF WALL 5 : Tag facing 9:00 (The tag occurs during the instrumental part of the track)

TAG : Fwd Chassé, ½ Chassé, Fwd Chassé, ½ Chassé

1 & 2 Step RF Fwd, Together on LF, Step RF fwd
3 & 4 ½ turn L stepping LF forward (3:00), Together on RF, step LF forward
5 & 6 Step RF Fwd, Together on LF, Step RF fwd
7 & 8 ½ turn L stepping LF forward (9:00), Together on RF, step LF forward

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