# Better When I Dance



拍數: 32 牆數: 4 級數: Beginner

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音樂: Better When I'm Dancin' - Meghan Trainor



## STEP RIGHT DIAGONAL, LOCK, SHUFFLE, STEP LEFT DIAGONAL, LOCK, SHUFFLE

1-2 Step to right front corner, bring left foot up to right side behind right (lock)

3&4 Step to right front corner, step left toe next to right instep, step right to front corner (shuffle)

5-6 Step to left front corner, bring right foot up to left side behind left (lock)

7&8 Step to left front corner, step right toe next to left instep, step left to left corner (shuffle)

## GRAPEVINE RIGHT, GRAPEVINE LEFT W/ 1/4 TURN LEFT & HOP

1-4 Step right to right side(1), cross left behind right (2), step right to right side(3), tap left next to

right(4)

5-8 Step left to left side (5), cross right behind left (6), step left to left side turning ¼ turn left (7),

hop forward with both feet together keeping weight on left (8) (9:00)

#### \*RESTART HERE ON 4TH WALL

### ROCK R, ROCK L, REPEAT

Step right to right side, recover weight to left, step right back next to left

Step left to left side, recover weight back to right, step left back next to right

5-8 Repeat 1-4

\*Styling note: These are BOUNCY movements. Move as if on the odd number steps, you're stepping that foot onto a trampoline to bounce back to center.

## PADDLE 1/2 TURN LEFT, V STEP

1-4 With weight on left toe, use right toe to push off 4 times to the left, making a ½ turn over left

shoulder (paddle)

5-8 Step right to right front corner, step left directly out to the left, step right back to back center

position and step left down next to right (v step)

## **REPEAT**

More information and additional step sheets available at www.LineDance4You.com.

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