

Going Up The Country

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Carl Sullivan (AUS) - October 2017
音樂: Going Up the Country - Canned Heat : (Album: The Best Of Canned Heat)



PATTERN: Each Sequence Turns ¼ Right

- 1-2 Step R fwd, Hook L foot behind R knee
3-4 Step L back, Hook R across L shin
5-6-7 Step R fwd, Lock-Step L behind R, Step R fwd
8 Scuff L fwd
- 1-2 Step L fwd, Hook R foot behind L knee
3-4 Step R back , Kick L fwd
5-6-7 Step L back, Step R beside L, Cross-step L over R (Coaster cross)
8 Hold
- 1-2 Step R to R, Hitch L knee
3-4-5 Step L to L, Cross R behind L, ¼ L Step L fwd - 9:00
6 Hold
7-8 Step R fwd, Pivot ½ turn L onto L - 3:00
- 1-2 Step R fwd, Step L fwd
3-4 Twist both heels L, Twist both heel R
5-6 Step R fwd, Step L fwd
7-8 Bounce both heels twice as you turn ½ R - 9:00
- 1-4 R back Coaster (R, L, R), Scuff L fwd
5-8 Step L fwd, Lock-step R behind L, Step L fwd, Scuff R fwd
- 1-4 Step R fwd, Lock-step L behind R, Step R fwd, Scuff L fwd
5-6 Step L fwd, Pivot ½ turn onto R - 3:00
7-8 Step L fwd, Hold

[48]

Tag & Restart facing 9:00

On 8th Wall - dance the first 16 counts and do a Coaster step instead of the Coaster Cross.
Then start from the beginning. The music stops but the count goes on & sequence begins again.

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