

Down On Your Uppers

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Carrie Ann Green (ES) - October 2017
音樂: Down On Your Uppers - Derek Ryan : (Album: The Fire - iTunes)



Intro: 8 Counts - Restart - wall 4

SECTION 1: POINT OUT, IN, OUT, BEHIND, SIDE, CROSS. POINT OUT, IN, OUT, SAILOR ¼

1&2 Point right toe to right side, touch right toe beside left foot, point right toe to right side
3&4 Step right foot behind left foot, step left foot left side, cross right foot over left
5&6 Point left toe to left side, touch left toe beside right foot, point left toe to left side
7&8 Cross Left behind Right turning ¼ Left. Step Right beside Left. Step forward on Left (9:00)

SECTION 2: RIGHT LOCK RIGHT, MAMBO FORWARD, COASTER STEP, ROCK RECOVER ½ LEFT

1&2 Step right forward, lock left behind right (optional dip knees), Step right forward
3&4 Rock left forward, recover to right, Step left back
5&6 Step right back, step left together, Step right forward
7&8 Rock left forward, recover right, ½ turn left stepping left forward (3.00)

RESTART HERE ON WALL 4 – FACING 12:00

SECTION 3: MODIFIED RUMBA BOX x 2, ¼ RIGHT HITCH

1&2& Step right to right side, step left next to right, Step forward on right, touch left next to right
3& Step left to left side, touch right next to left (optional finger clicks on touch)
4& Step right to right side, touch left next to right (optional finger clicks on touch)
5&6& Step left to left side, step right next to left, Step back on left, touch right next to left
7& Step right to right side, touch left next to right (optional clicks on touch)
8& Step left to left side, hitch right knee making ¼ turn right (optional clicks on hitch) (6:00)

SECTION 4: SHUFFLE FORWARD, STEP TURN ¾ STEP, TOE STRUT X 2, KICKBALL STEP

1&2 Shuffle forward Right, stepping Right,Left,Right
3&4 Step Forward on left, pivot ¾ turn right, step forward left (3.00)
5& Step forward on Right Toe, Lower Right Heel
6& Step forward on Left Toe, lower Left heel
7&8 Kick Right forward, step on ball of right next to left, step left forward taking weight

***1 Restart: on Wall 4 - dance sections 1 & 2 then restart the dance facing 12:00**

Ending: you will finish on section 4 on the kickball Step facing 6:00 - pivot ½ turn left to face the front

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Last Update - 9th Oct. 2017