

Move To The Groove

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Helen Williamson & Larry Bass (USA) - September 2017
音樂: "Hitman" by AB Logic - 128 BPM



(Start after 32 counts on vocals) Phrasing: AAB-AAB-AA16-AB-AAB

PART A: 32 counts

A1: RIGHT VINE 2 COUNTS & HEEL & CROSS; 3/4 HINGE TURN, FORWARD TRIPLE STEP

1-2 Step R to right; Step L behind R
& Step R slightly back
3 Touch L heel to left diagonal
&4 Step L slightly back, Step R across L
5-6 Make a 1/4 turn right while stepping L back (3:00); Make a 1/2 turn right & step R forward (9:00)
7&8 Triple step forward L, R, L

A2: ROCK STEP, LOCK BALL STEP; LOCK BALL STEP, TURN ¼ TURN OUT, HEEL LIFTS

1-2 Rock R forward; Recover back to L
3&4 Step R behind L heel, Step L in place, Step R back (bouncing)
5&6 Step L behind R heel, Step R in place, Step L back (bouncing)
&7 Make a ¼ turn right & step R to right, Step L out to left (12:00)
&8 Lift Heels, Drop Heels

Restart after 16 counts wall 6 of A facing (6:00)

A3: STEP ½ PIVOT, FORWARD TRIPLE STEP; WIZARD STEP, WIZARD STEP

1-2 Step R forward; Pivot ½ turn left to L (6:00)
3&4 Triple step forward R, L, R
5-6 Step L to left diagonal R; Lock R behind L
& Step L slightly to left
7-8 Step R to right diagonal; Lock L behind R
& Step R slightly to right

A4: ROCK STEP & CROSS & HEEL & CROSS SIDE, BEHIND & CROSS

1-2 Rock L forward; Recover back to R
&3 Step L slightly back, Step R across L
&4 Step L slightly back, Touch R heel to right diagonal
&5-6 Step R slightly back, Step L across R; Step R to right
7&8 Step L behind R, Step R to right, Step L across R

PART B: 32 counts - Always face 12:00 wall to do part B

B1: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP

1-2 Step R a long step to right; Rock L back
& Recover forward to R
3-4 Step L a long step to left; Rock R back
& Recover forward to L
5-6 Walk in an arc, make a ¼ turn right & step R forward; Make a ¼ turn right & step L forward (6:00)
7&8 Continue arc and triple step R, L, R making ½ turn right (12:00)

B2: NIGHTCLUB BASICS, CIRCLE WALK & TRIPLE STEP

1-2 Step L a long step to left; Rock R back
& Recover forward to L

- 3-4 Step R a long step to right; Rock L back
& Recover forward to R
5-6 Walking in an arc, make a ¼ turn left & step L forward; Make a ¼ turn left & step R forward (6:00)
7&8 Continue arc and triple step L, R, L making ½ turn left (12:00)

B3: SIDE ROCK STEP & SIDE ROCK STEP; & FORWARD ROCK STEP, COASTER STEP

- 1-2 Rock R to right; Recover left to L
& Step R beside L
3-4 Rock L to left, Recover right to R
& Step L beside R
5-6 Rock R forward; Recover back to L
7&8 Step R back, Step L beside R, Step R forward

B4: FORWARD ROCK STEP & FORWARD ROCK STEP; SIDE ROCK STEP, CROSSOVER TRIPE STEP

- 1-2 Rock L forward; Recover back to R
& Step L beside R
3-4 Rock R forward, Recover back to L
& Step R beside L,
5-6 Rock L to left, Recover right to R
7&8 Step L across R, Step R to right, Step L across R

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