

Daily

拍數: 64 牆數: 2 級數: Low Intermediate
編舞者: Fiona Murray (IRE) & Roy Hadisubroto (IRE) - September 2017
音樂: Daily - Vincenzo



Intro: After 16 counts

[1 – 8] Walk, Walk, Side Mambo, Cross, Hitch, Step Diagonally Forward, Mambo Forward, Step Backwards

- 1 - 2 Step R forward, (1) Step L forward (2) 12:00
3 & 4 Rock R to R side (3) Recover on L (&) Cross R over L (4) 12:00
5 - 6 Hitch L (5), Turn 1/8 L and Step L forward (6) 10:30
7 & 8 Rock R forward (7), Recover back on L (&) Step R backwards (8) 10:30

[9 – 16] Step Backwards, 1/2 Turn R, Step Forward, 3/8 Turn R while doing Side – Cross – Side, Sweep, Coaster Step, 1/4 Turn R, Slide, Touch

- 1 - 2 Step L backwards (1), Turn 1/2 R and Step R forward (2) 5:30
3 & 4 Turn 1/4 R and Step L to L side (3) Turn 1/8 R and Cross R over L (&), Step L to L side and sweep with R from front to back (4) 9:00
5 & 6 Step R backwards (5), Step L next to R (&) Step R forward (6) 9:00
7 – 8 Turn 1/4 R and Slide L to L (7) Touch R next to L (8) 12:00

[17 – 24] Walk, 1/4 Turn R, Side, Tap Heel, Ball Cross, Step, Lock, Step, Lock, Step, Together

- 1 – 2 Step R forward (1), Turn 1/4 R and step L to L side (2) 3:00
3 & 4 Tap R heel on the floor while toes are still touch the floor (3), Step R next to L (&), Cross L over R (4) 3:00
5 & 6 & Turn 1/8 R and step R forward (5) Cross L behind R (&) Step R forward (6) Cross L behind R (&) 5:30
7 - 8 Turn 1/8 L and Step R to R side (7) Step L next to R with weight ended on L (8) 3:00

[25 – 32] Touch and Hip Bump, Step, 1/2 Turn L, Touch and Hip Bump, Step, Side Mambo, Cross, Touch, 1/4 Turn L, Hitch,

- 1 & 2 Touch R forward push R hip forward (1), Step R forward (2) 3:00
3 & 4 Turn 1/2 L and Touch L forward push L hip forward (1), Step L forward (2) 9:00
5 & 6 Rock R to R side (5), Recover on L (&) Cross R over L (6) 9:00
7 – 8 Touch L to L side (7), Turn 1/4 L and Hitch L (8) 6:00

[33 – 40] Cross, Out, Out, Cross, Out, Out, Cross, Rock Step, Cross Shuffle

- 1 & 2 Cross L over R (1), Step R diagonally backwards (&) Step L diagonally backwards (2) 6:00
3 & 4 Cross R over L (3), Step L diagonally backwards (&) Step R diagonally backwards (4) 6:00
5 – 6 Rock L over R (5), Recover back on R (6) 6:00
& 7 & 8 Step L to L side (&) Cross R over L (7), Step L to L side (&) Cross R over L (8) 6:00

[41 – 48] Rock Step, 1/2 Turn L while doing Sailor Step, Rock Step, Coaster Step

- 1 - 2 Rock L to L side (1), Recover on R (2) 6:00
3 & 4 Turn 1/4 L and Cross L behind R (3), Turn 1/4 L and Step R to R side (&) Step L to L side (4) 12:00
5 - 6 Rock R forward (6), Recover on L (6) 12:00
7 & 8 Step R backward (7), Step L next to R (&) Step R forward (8) 12:00

[49 – 56] Cross, Out, Out, Cross, Out, Out, Cross, Rock Step, Cross Shuffle

- 1 & 2 Cross L over R (1), Step R diagonally backwards (&) Step L diagonally backwards (2) 12:00
3 & 4 Cross R over L (3), Step L diagonally backwards (&) Step R diagonally backwards (4) 12:00
5 – 6 Rock L over R (5), Recover back on R (6) 12:00

& 7 & 8 Step L to L side (&) Cross R over L (7), Step L to L side (&) Cross R over L (8) 12:00

[57 – 64] Rock Step, 1/2 Turn L while doing Sailor Step, Step, Together and Shake , Step, Touch and Shake

1 - 2 Rock L to L side (1), Recover on R (2) 12:00

3 & 4 Turn 1/4 L and Cross L behind R (3), Turn 1/4 L and Step R to R side (&) Step L to L side (4)
12:00

& 5 & 6 Step R forward into the diagonal (&) Step L next to R (5) Shimmy shoulders 2x (& - 6) 6:00

& 7 & 8 Step L forward into the diagonal (&) Touch R next to L (5) Shimmy shoulders 2x (& - 6) 6:00

START AGAIN AND HAVE FUNNNN
