

# Eat, Sleep, Love, Repeat

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Dave Morgan (UK) - September 2017  
音樂: Eat Sleep Love You Repeat - Rodney Atkins : (iTunes)



---

## Section 1: SIDE TOGETHER, SHUFFLE FORWARD, ROCK RECOVER, CHASSE ¼ TURN

1,2            Step left to left side. Step right beside left.  
3&4          Step left forward, Step right beside left, Step left forward. (Shuffle)  
5,6          Rock forward on right. Recover on left.  
7&8          Making ¼ turn right. Step right to right side. Step left beside right. Step right to right side.  
(Chasse) Facing 3 O'Clock.

## Section 2: ROCK RECOVER, COASTER STEP. ROCK RECOVER, COASTER STEP

9,10          Rock forward on left. Recover on right.  
11&12        Step back on left. Step right beside left. Step left forward.  
13,14        Rock forward on right. Recover on left.  
15&16        Step back on right. Step left beside right. Step right forward.

## Section 3: Pivot 1/8th, Pivot 1/8th, WEAVE & POINT

17,18        Step forward on left. Pivot 1/8th turn right.  
19,20        Step forward on left. Pivot 1/8th turn right. (facing 6 O'Clock)  
21,22        Step left across right. Step right to right side.  
23,24        Step left behind right. Point right to right side.

## Section 4: WEAVE & POINT, JAZZ BOX ¼ TURN

25,26        Step right across left. Step left to left side.  
27,28        Step right behind left. Point left to left side.  
29,30        Step left across right. Making ¼ turn left, Step back on right.  
31,32        Step left to left side. Step right beside left.

## NOTES:-

There is 1 Restart on wall 3.

Dance the first 16 counts and Restart the dance. (Rock, Recover, Coaster)

You will be facing 9 O'Clock Wall.

---