

Bara I Himmelen? - (Only In Heaven?)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jessica Boström (SWE) - August 2017
音樂: Jag trodde änglarna fanns - Kamferdrops : (Single - iTunes)



Choreographers note: This dance was made as an easier option/floorsplit to my dance "Jag Trodde Änglarna Fanns!"- (I Thought Angels Existed!) to the same piece of music.

Intro: 4 secs in, 32 counts. App. 21 secs. into track. Start with weight on L.

S1: Side. Together. Chassé. Cross Rock. Chassé 1/4.

1-2 Step R to Right side. Step L beside R.
3&4 Step R to Right side, step L beside R, step R to Right side.
5-6 Cross rock L over R, recover onto R.
7&8 Step L to Left side, step R beside L, 1/4 turn L stepping fwd on L. (9.00)

S2: Fwd Shuffle. Fwd Rock. Back Shuffle. Back Rock.

1&2 R shuffle fwd R,L,R.
3-4 Rock Fwd on L. Recover onto R.
5&6 L shuffle back on L,R,L.
7-8 Rock back on R. Recover onto L. (9.00)

S3: Cross Point x 2. Jazzbox Touch.

1-2 Cross step R over L. Point L to Left side.
3-4 Cross step L over R. Point R to Right side.
5-8 Cross step R over L, step back on L, step R to Right side, touch L beside R. (Weight on R.)
(9.00)

S4: 1/4. 1/4. Fwd Shuffle. Slow Rocking Chair.

1-2 Make a 1/4 turn Left stepping fwd on L. (6.00) Make a 1/4 turn Left stepping fwd on R. (3.00)
(More like in a small half circle shape, rather than a sharp turn.)
3&4 L shuffle fwd L,R,L.
5-6 Rock fwd on R. Recover onto L.
7-8 Rock back on R. Recover onto L. (3.00)

Start Again! Have fun!

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