

# Salsa Cheap Thrills (莎莎無價娛樂) (zh)

拍數: 80      牆數: 4      級數: Intermediate  
編舞者: Nina Chen (TW) & Penny Tan (MY) - 2017年10月  
音樂: Una Noche Más (feat. Tito Nieves, Mandinga & Surbana) - Jay Lugo



Intro: 32 counts

## Sec1: FWD MAMBO, BACK MAMBO, MAMBO 1/2 R, FWD SHUFFLE

1&2      Rock RF fwd - Recover on LF - Step RF back  
3&4      Rock LF back - Recover on RF - Step LF fwd  
5&6      Rock RF fwd - Recover on LF - 1/2 turn R (6:00) step RF fwd  
7&8      Fwd shuffle (L R L)  
1&2      右足前下沉 - 重心回左足 - 右足後踏  
3&4      左足後下沉 - 重心回右足 - 左足前踏  
5&6      右足前下沉 - 重心回左足 - 右轉1/2 (6:00) 右足前踏  
7&8      前交換步 (左 右 左)

## Sec2: FWD MAMBO, BACK MAMBO, MAMBO 1/2 R, FWD SHUFFLE

1&2      Rock RF fwd - Recover on LF - Step RF back  
3&4      Rock LF back - Recover on RF - Step LF fwd  
5&6      Rock RF fwd - Recover on LF - 1/2 turn R (6:00) step RF fwd  
7&8      Fwd shuffle (L R L)  
1&2      右足前下沉 - 重心回左足 - 右足後踏  
3&4      左足後下沉 - 重心回右足 - 左足前踏  
5&6      右足前下沉 - 重心回左足 - 右轉1/2 (6:00) 右足前踏  
7&8      前交換步 (左 右 左)

## Sec3: 3 STOMP - TOGETHER, (L&R) SIDE - ROCK BACK - RECOVER

1234      Stomp RF to R three times - Step RF beside LF  
5-6&      Step LF to L - Rock RF behind LF - Recover on LF  
7-8&      Step RF to R - Rock LF behind RF - Recover on RF  
1234      右足向右踱踏三次 - 右足併踏左足旁  
5-6&      左足左踏 - 右足後跨下沉 - 重心回左足  
7-8&      右足右踏 - 左足後跨下沉 - 重心回右足

## Sec4: 3 STOMP - TOGETHER, (R&L) DIAGONAL FWD SHUFFLE

1234      Stomp LF to L three times - Step LF beside RF  
5&6      R diagonal fwd shuffle (R L R)  
7&8      L diagonal fwd shuffle (L R L)  
1234      左足向左踱踏三次 - 左足併踏右足旁  
5&6      右斜前交換步 (右 左 右)  
7&8      左斜前交換步 (左 右 左)

## Sec5: 1/4 R ROCK BACK - RECOVER - 1/4 L SIDE, 1/4 L ROCK BACK - RECOVER - 1/4 R SIDE, (x2)

1&2      1/4 turn R (3:00) Rock RF back - Recover on LF - 1/4 turn L (12:00) step RF to R  
3&4      1/4 turn L (9:00) Rock LF back - Recover on RF - 1/4 turn R (12:00) step LF to L  
5&6      1/4 turn R (3:00) Rock RF back - Recover on LF - 1/4 turn L (12:00) step RF to R  
7&8      1/4 turn L (9:00) Rock LF back - Recover on RF - 1/4 turn R (12:00) step LF to L  
1&2      右轉1/4 (3:00) 右足後下沉 - 重心回左足 - 左轉1/4 (12:00) 右足右踏  
3&4      左轉1/4 (9:00) 左足後下沉 - 重心回右足 - 右轉1/4 (12:00) 左足左踏  
5&6      右轉1/4 (3:00) 右足後下沉 - 重心回左足 - 左轉1/4 (12:00) 右足右踏  
7&8      左轉1/4 (9:00) 左足後下沉 - 重心回右足 - 右轉1/4 (12:00) 左足左踏

**Sec6: FWD PIVOT 1/2 L, FWD PIVOT 1/2 R, KICK BALL CROSS. (x2)**

1&2 Step RF fwd - Pivot 1/2 turn L (6:00) recover on LF - Step RF fwd  
 3&4 Step LF fwd - Pivot 1/2 turn R (12:00) recover on RF - Step LF fwd  
 5&6 Kick RF diagonal fwd - Step RF beside LF - Cross LF over RF  
 7&8 Kick RF diagonal fwd - Step RF beside LF - Cross LF over RF  
 1&2 右足前踏 - 向左踏轉1/2 (6:00) 重心回左足 - 右足前踏  
 3&4 左足前踏 - 向右踏轉1/2 (12:00) 重心回右足 - 左足前踏  
 5&6 右足斜前踢 - 右足回踏左足旁 - 左足前踏  
 7&8 右足斜前踢 - 右足回踏左足旁 - 左足前踏

**Sec7: CHASSE TO R - 1/4 L HITCH, CHASSE TO L - 1/4 L HITCH, CHASSE TO R - 1/4 L HITCH, CHASSE TO L**

1&2& Step RF to R - Step LF beside RF - Step RF to R - 1/4 turn L (9:00) hitch LF  
 3&4& Step LF to L - Step RF beside LF - Step LF to L - 1/4 turn L (6:00) hitch RF  
 5&6& Step RF to R - Step LF beside RF - Step RF to R - 1/4 turn L (3:00) hitch LF  
 7&8 Step LF to L - Step RF beside LF - Step LF to L  
 1&2& 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左轉1/4 (9:00) 左足微抬  
 3&4& 左足左踏 - 右足併踏左足旁 - 左足左踏 - 左轉1/4 (6:00) 右足微抬  
 5&6& 右足右踏 - 左足併踏右足旁 - 右足右踏 - 左轉1/4 (3:00) 左足微抬  
 7&8 左足左踏 - 右足併踏左足旁 - 左足左踏

**Sec8:CORTA JACA , VINE 1/4 R, CORTA JACA**

1&2& Rotation R heel fwd - Recover on LF - Touch R toe back - Recover on LF  
 3&4& Cross RF over LF - 1/8 turn R (4:30) step LF back - Step RF back - Hitch LF  
 5&6 1/8 turn R (6:00) step LF back - Step RF to R - Step LF slightly cross RF  
 7&8& Rotation R heel fwd - Grinding 1/4 turn R (9:00) step LF back - Touch R toe back- Recover on LF  
 1&2& 右足踵跟前方旋轉 - 重心回左足 - 右足足尖後點 - 重心回左足  
 3&4& 右足前踏 - 右轉1/8 (4:30) 左足後踏 - 右足後踏 - 左足抬起略推臀  
 5&6 右轉1/8 (6:00) 左足後踏 - 右足右踏 - 左足略前踏  
 7&8& 右足踵跟前方旋轉 - 向右轉 1/4 (9:00) 左足後踏 - 右足足尖後點 - 重心回左足

**Sec9: (R&L) KICK - STEP. (x2), (R&L) BACK MAMBO**

1&2& Kick RF fwd - Step RF slightly fwd - Kick LF fwd - Step LF slightly fwd  
 3&4& Kick RF fwd - Step RF slightly fwd - Kick LF fwd - Step LF slightly fwd  
 5&6 Rock RF back - Recover on LF - Step RF beside LF  
 7&8 Rock LF back - Recover on RF - Step LF beside RF  
 1&2& 右足前踢 - 右足略前踏 - 左足前踢 - 左足略前踏  
 3&4& 右足前踢 - 右足略前踏 - 左足前踢 - 左足略前踏  
 5&6 右足後下沉 - 重心回左足 - 右足併踏左足旁  
 7&8 左足後下沉 - 重心回右足 - 左足併踏右足旁

**Sec10: (R&L) CROSS MAMBO, (R&L) CUCARACHA SIDE STEP**

1&2 Cross RF over LF - Recover on LF - Step RF to R  
 3&4 Cross LF over RF - Recover on RF - Step LF to L  
 5&6 Rock RF to R (rolling hips from R to L) - Recover onto LF - Step RF beside LF  
 7&8 Rock LF to L (rolling hips from L to R) - Recover onto RF - Step LF beside RF  
 1&2 右足前踏 - 重心回左足 - 右足右踏  
 3&4 左足前踏 - 重心回右足 - 左足左踏  
 5&6 右足右下沉 (由右向左方轉臀) - 重心回左足 - 右足併踏左足旁  
 7&8 左足左下沉 (由左向右方轉臀) - 重心回右足 - 左足併踏右足旁

**Have Fun & Happy Dancing !!!****Contacts :-**

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