

I Cry

拍數: 64 牆數: 2 級數: Beginner / Improver
編舞者: Yvonne Krause (USA) - September 2017
音樂: I Cry - Bouke



[1-8] ROCK FORWARD RECOVER CHA CHA, ROCK BACK RECOVER CHA CHA

- 1-2 Rock forward on right recover onto left.
3&4 Triple step (cha cha cha in place) by stepping right, left, right.
5-6 Rock back on left recover onto right.
7&8 Triple step (cha cha cha in place) by stepping left, right, left.

[9-16] CROSS BACK & CROSS BACK & CROSSING SHUFFLE, SHUFFLE ¼ LEFT

- 1-2 & Cross right over left, step back on left, step right to right side.
3-4 & Cross left over right, step back on right, step left to left side.
5&6 Cross right over left, step left to left side, cross right over left.
7&8 Shuffle forward on left as you make ¼ left by stepping left, right, left. (9:00)

***Your Tag is here during the 5th wall near the end of the dance. Do a Jazz Box w/1/4 Turn**

[17-24] ROCKING CHAIR, JAZZ BOX W/1/4 TURN & CROSS

- 1-4 Rock forward on right, rock back on left, rock back on right, rock forward on left.
5-8 Cross right over left, step back on left, step right turning ¼ right, cross left over right. (12:00)

[25-32] MONTEREY PENDULUM

- 1-2 Touch right toe to right side as you turn ½ right on ball of left stepping together on right.
3-4 Touch left toe to left side as you turn ¼ left on ball of right stepping together on left.
5-6 Touch right toe to right side as you turn ½ right on ball of left stepping together on right.
7-8 Touch left toe to left side as you turn ¼ left on ball of right stepping together on left. (6:00)

[33-40] STEP LOCK, STEP LOCK STEP, REPEAT ON LEFT

- 1-2 Step forward on right, lock left behind right.
3&4 Step forward on right, lock left behind right, step forward on right.
5-6 Step forward left, lock right behind left.
7&8 Step forward on left, lock right behind left, step forward on left.

[41-48] HEEL HOLD & HEEL HOLD, ROCKING CHAIR

- 1-2 & Right heel forward and hold, step right next to left.
3-4 & Left heel forward and hold, step left next to right.
5-8 Rock forward on right, rock back on left, rock back on right, rock forward on left.

[49-56] HEEL HOLD & HEEL HOLD, & ROCK RECOVER SHUFFLE ½ RIGHT

- 1-2 & Right heel forward and hold, step right next to left.
3-4 & Left heel forward and hold, step left next to right.
5-6 Rock forward on right, recover onto left.
7&8 Shuffle ½ turn right by stepping right, left, right. (12:00)

[57-64] LEFT JAZZ BOX W/CROSS, HINGE TURN W/FORWARD SWEEP

- 1-4 Cross left over right, step back on right, step left to left side, cross right over left.
5-6 Step back on left as you ¼ turn right, step forward on right as you do another ¼ right. (6:00)
7-8 Step forward on left and sweep right foot back to front into the beginning of the dance.

TAG & RESTART: During the 5th wall you will be starting the dance facing (12:00). Do the first 16 counts that will put you on the (9:00) wall then do a jazz box w/1/4 turn bringing you back to (12:00) and Restart the

dance.

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