

Rough Enough

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Cara Tan (MY) - September 2017
音樂: Rough Enough by Popsie



Intro : start intro dance after 36 count

***3 Restarts on wall 2 (3:00) wall 6 (9:00) and wall 8 (9:00) after 16 counts

Intro dance (do 1 time only)

[1-8] make ¼ turn L, R side step side touch, L side step side touch

1-4 Make a ¼ turn L step R to R, step L together, Step R to R, touch L together (9:00)
5-8 step L to L, R together, L to L, touch R together

[9-16]

1-8 Make a ¼ turn L face 6:00 and repeat above steps

[17-24]

1-8 Make a ¼ turn L face 3:00 and repeat above steps

[25-32]

1-8 Make a ¼ turn L face 12:00 and repeat above steps

Main dance

[1-8] forward kick, ¼ turn L, point R, forward touch, backward touch

1-2 Step R forward, kick L forward
3-4 Make ¼ turn L step L beside R, point R to R (9:00)
5-6 Step R forward, touch L together (shake shoulders)
7-8 Step L backward, touch R together

[9-16] step on R, tap L, step touch, out out point hitch

1-2 Step R to R, tap on L (shake shoulders)
3-4 Step on L, touch R together
5-6 Step R forward to R diagonally , Step L to L
7-8 Point R to R, hitch R

[17-24] walf forward R, L, R, pivot ¼ turn L, cross point, ¼ turn L, point

1-2 Walk forward on R, L
3-4 Walk forward on R, make a ¼ turn L change weight to L (6:00)
5-6 Cross R over L, point L to L
7-8 Make a ¼ turn L step L together (3:00), point R to R

[25-32] hip roll to the left, hip roll to the right, swivel out in out in

1-2 Step on R and roll hip anti-clockwise, tap on L
3-4 Step on L and roll hip clockwise, tap on R
5-6 Swivel R heel on ball to R and push hip up, Swivel R heel on ball to L and drop hip
7-8 Repeat above

Happy dancing!!

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