Sauced Up



拍數: 32 牆數: 4 級數: High Intermediate

編舞者: Dee Musk (UK) - September 2017

音樂: Sauced Up - Fifth Harmony



#32 Count Intro. Approx 20 seconds – Track approx 3 mins 18 secs BPM 104 Track available from iTunes.co.uk

Step. Lock, Step.	. Kick Ball Cross.	s. Side. Together.	Cross. 1/4	Turn L with R Lock Step.

1,2& Step R to R diagonal, cross lock L behind R, step R to R side.

3&4 Kick L to L diagonal, step L beside R, cross R over L.&5,6 Step L to L side, close R beside L, cross L over R.

7&8 Make ¼ turn L stepping back on R, cross L over R, step back on R (9 o'clock).

1/4 Turn L, Modified Monterey 1/2 Turn R With Sweep, Cross, Back, Together, Step Touch, Step, Touch, Out, Out, In, Cross.

&1,2 Make ¼ turn L stepping L to L side, point R toe to R side, make ½ turn R sweeping L to in

front of R.

3,4& Cross L over R, step back on R, step L beside R.

5&6& Step R forward and slightly to R diagonal, touch L beside R, step L forward and slightly to L

diagonal, touch R beside L.

7&8& Step R out to R side, step L out to L side, step R beside L, cross L over R. (12 o'clock).

R during walls 2 and 5.

Side Rock, Ball, Side, Behind, Side, Cross Rock, Recover, Side Rock, Behind, Side, Touch.

1,2& Rock R to R side, recover weight to L, step R beside L.
3,4& Step L to L side, cross step R behind L, step L to L side.

5,6 Cross rock R over L, recover weight to L.&7 Rock R to R side, recover weight to L.

&8& Cross step R behind L, step L to L side, touch R beside L. (12 o'clock).

Side, Behind, ¼ Turn R, Step, Hitch R, Back, Drag, Run Back L, R, ½ Turn L with Rock, Recover, Close.

1,2& Step R to R side, cross step L behind R, make ¼ turn R stepping forward on R.

3,4 Step forward on L, hitch R knee.

5,6& Step back on R dragging L to beside R, run back L, run back R.

7 Make ½ turn L rocking forward on L.

8& Recover weight to R, step L beside R. (9 o'clock).

R Restart 1 - during wall 2 - dance up to and including counts 8& of Section 2, begin again facing 9 o'clock wall.

R Restart 2 - during wall 5 - dance up to and including counts 8& of Section 2, begin again facing 3 o'clock wall.

Enjoy

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