

Shake, Rattle & Roll

COPPERKNOB
BY SHEETS

拍數: 96

牆數: 1

級數: Phrased Beginner / Newcomer
Novelty



編舞者: Satu Ketellapper (NL) - September 2017

音樂: Shake, Rattle and Roll - Bill Haley & His Comets

Sequence: AB AB AA AB B

A: 48 counts

A[1-8] Chasse R, Rock step, chasse L, Rock step

1&2 R step R side, LF close next to RF, RF step R side
3-4 LF step behind, recover
5&6 L step L side, RF close next to LF, LF step L side
7-8 RF step behind, recover

A[9-16] jazz box, touch

1-2 RF cross over LF, hold
3-4 LF step back, hold
5-6 RF step R side, hold
7-8 LF touch next to RF, hold

A[17-24] chasse L, Rock step, chasse R, rock step

1&2 L step L side, RF close next to LF, LF step L side
3-4 RF step behind, recover
5&6 R step R side, LF close next to RF, RF step R side
7-8 LF step behind, recover

A[25-32] styled walks, swivels FWD, touch

1-4 LF step FWD, hold, RF step FWD, hold
5-8 LF swivel FWD, RF swivel FWD, LF swivel FWD, RF touch next to LF

A[33-40] step, touch ¼ 4x

1-2 RF step out ¼ turn (9:00), LF touch next to RF
3-4 LF step out ¼ turn (6:00), RF touch next to LF
5-6 RF step out ¼ turn (3:00), LF touch next to RF
7-8 LF step out ¼ turn (6:00), RF touch next to LF

A[41-48] big step to R side

1-8 RF make a big step to R side, point your finger

B: 48 counts

B[1-8] Shake, shimmy, roll hips, ¼ turn

1-6 Shake & Shimmy body
7-8 make ¼ turn (3:00)

B[9-16] Shake, shimmy, roll hips, ¼ turn

1-6 Shake & Shimmy body
7-8 make ¼ turn (6:00)

B[17-24] Shake, shimmy, roll hips, ¼ turn

1-6 Shake & Shimmy body
7-8 make ¼ turn (9:00)

B[25-32] Shake, shimmy, roll hips, ¼ turn

1-8 Shake & Shimmy body

B[33-40] kicks 8x ¼ turn

1&2& RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF

3&4& (face: 10:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF

5&6& (face: 11:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF

7&8& (face: 12:00) RF kick FWD, RF close next to LF, LF kick FWD, LF close next to RF

B[41-48] Bees Knee's

1-8 Wobble knee's, Hand on knees,

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