

# Hold your Head High

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Shelly Guichard (UK) & Conor McVeigh (UK) - August 2017  
音樂: Runaways (feat. Teemu) - Sam Feldt & Deepend : (iTunes)



## #16 count introduction

Easy Restart during wall 6 at the end of section 1

### Section 1: Step right together, shuffle forward, rock recover, sailor ¼ left

1-2            Step right to right side, Step left next to right  
3&4           Shuffle forward: right, left, right  
5-6           Rock left forward, Recover weight onto right  
7&8           Making ¼ turn left step right back, Step right to right side, Step left next to right (9 O'Clock)

**\*\* Restart here during wall 6\*\***

### Section 2: Cross, 1/4 turn, back touch, shuffle 1/4 left, rock recover

1,2            Cross right over left, turn ¼ right stepping back left  
3-4            Step back on right, touch left toe in front of right foot  
5&6           Shuffle 1/4 left: left, right, left  
7-8            Rock fwd right recover left (9 O'Clock)

### Section 3: Shuffle back, Shuffle ½, Rock recover, Shuffle half

1&2            Shuffle back: Right, Left, Right  
3&4            Stepping back on the left foot make a half turn shuffle: Left, Right, Left  
5,6            Rock right forward, recover weight onto left  
7&8            Stepping back on the right foot make a half turn shuffle: Right, Left, Right (9 O'Clock)

### Section 4: Step, pivot ½ half right, Kick ball step, rock recover, left coaster step

1,2            Step forward left, Make ½ turn stepping on right  
3&4            Kick left foot forward, Step down on left foot, step right next to left  
5,6            Rock left forward, recover weight onto right  
7&8            Step left back, Step right back, Step forward left (3 O'Clock)

---