

# Chameleon Heart

COPPERKNOB  
BY STEPHEN HETS

拍數: 32      牆數: 4      級數: High Intermediate WCS  
編舞者: Debbie Rushton (UK) & Jannie Tofte Stoian (DK) - October 2017  
音樂: Chunks - Phlake : (iTunes)



**Intro: 32 counts intro (app. 44 sec. into song) Start on heavy beat.**

**Restart: 1 restart on wall 2, after 16 counts. Facing 12:00**

**[1-8] Back ¼ L point, Rolling vine R, Step ¾ R, Behind ¼ L rock step**

1&2            Step R back, turn ¼ L stepping L to L side, point R to R side 09:00  
3&4            Turn ¼ R steppppping R fw, turn ½ R stepping L back, turn ¼ R stepping R to R side 09:00  
5&6            Step L fw, turn ½ R stepping onto R, turn ¼ R stepping L to L side 06:00  
7&8&          Cross R behind L, turn ¼ L stepping L fw, rock R fw, recover L 03:00

**[9-16] Step sweep, Behind ¼ R, Step ½ R, Ball step ¼ L, Kick out out together**

1-2&           Step R back sweeping L CCW, cross L behind R, turn ¼ R stepping R fw 06:00  
3-4            Step L fw, turn ½ R stepping onto R 12:00  
&5-6           Step L next to R, step R fw, turn ¼ L stepping onto L 09:00  
7&8&          Kick R fw, step out R, step out L, step R next to L

**Restart here wall 2: Replace counts 7&8& with run R, L, rock R, recover L – same counts 12:00 09:00**

**[17-24] Cross side together, Cross ¼ ½ R, Mambo sweep, Behind side cross**

1&2            Cross L over R, step R to R side, step L next to R (body slightly angled L) 09:00  
3&4            Cross R over L, turn ¼ R stepping L back, turn ½ R stepping R fw 06:00  
5&6            Rock L fw, recover R, step L back sweeping R CW 06:00  
7&8            Cross R behind L, step L to L side, cross R over L (beginning of a cross shuffle) 06:00

**[25-32] Ball cross, ¾ unwind L, Ball ¼ L cross ¼ R, Ball ¼ R cross, Step ½ L, Rock step**

&1-2           Step L to L side, cross R over L (end of cross shuffle), unwind ¾ L (weight L) 09:00  
&3-4           Turn ¼ L stepping R to R side (slightly back), cross L over R, turn ¼ R stepping R fw 09:00  
&5-6           Turn ¼ R stepping L to L side (slightly back), cross R over L, turn ¼ L stepping L fw 09:00  
7&8&          Step R fw, turn ½ L stepping onto L, rock R fw, recover L 03:00

**Ending – Wall 8 (starts facing 03:00)**

**Dance the dance normally up to count 31& (step ½ L) facing 06:00. Then add:**

8&            Step R fw, turn ½ L stepping onto L 12:00

**Last Update – 18th Oct. 2017**