

Windy City

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Mary Elms (UK) - September 2017
音樂: Windy City - Alison Krauss : (Album: Windy City)



Music Available from iTunes/Amazon.

#16 Count Intro - 1 Restart

Intro; Right hip bumps x 2 on last two counts of Intro

Section 1 Counts [1 – 32]

Counts [1 – 8] Right Rock Across. Right Chasse Left Rock Across. Left Chasse with 1/4 Turn Left

1 - 2 Rock Right across Left. Recover weight on Left
3&4 Step Right to Right side. Step Left beside Right. Step Right to Right side
5 - 6 Rock Left across Right. Recover weight on Right
7&8 Step Left to Left side. Step Right beside Left. Step Left to Left side with 1/4 turn Left

Counts [9 – 16] Half Pivot. Quarter Pivot. Jazz Box

1 - 2 Step Right forward. Half turn Left & recover weight on Left
3 - 4 Step Right forward. Quarter turn Left & recover weight on Left
5 - 6 Step Right across Left, Step Left back.
7 - 8 Step Right to Right side. Step Left forward

Counts [17 – 24] Right Rock Forward. 2 x 180 degree clockwise Turning Shuffles. Right Rock Back

1 - 2 Rock Right forward. Recover weight onto Left.
3&4 Turning 180 degrees Step Right. Step Left beside Right. Step Right forward
5&6 Turning 180 degrees Step Left forward. Step Right beside Left. Step Left back
7 - 8 Rock Right back. Recover weight onto Left

Counts [25 – 32] Hip Sways with 1/4 Turns. Across. Back turning 1/4 Right. Right Chasse

1 - 2 Step Right forward & turn 1/4 Left, hip bump Right. Recover weight on Left, hip bump Left
3 - 4 Step Right forward & turn 1/4 Left, hip bump Right. Recover weight on Left, hip bump Left
5 - 6 Step Right across Left, Step Left back turning 1/4 Right
7&8 Step Right to Right side. Step Left beside Right. Step Right to Right side

Section 2 Counts [33 – 64]

(Section 2 counts 33 - 44 are the same as Section 1 counts 1 - 12 but starting with the Left)

Counts [33 – 40] Left Rock Across. Left Chasse. Right Rock Across. Right Chasse with 1/4 Turn Right

1 - 2 Rock Left across Right. Recover weight on Right
3&4 Step Left to Left side. Step Right beside Left. Step Left to Left side
5 - 6 Rock Right across Left. Recover weight on Left
7&8 Step Right to Right side. Step Left beside Right. Step Right to Right side with 1/4 turn Right

Counts [41 – 48] Half Pivot. Quarter Pivot. Weave. Toe Touch

1 - 2 Step Left forward. Half turn Right & recover weight on Right
3 - 4 Step Left forward. Quarter turn Right & recover weight on Right
5 - 6 Cross Left over Right. Step Right to Right side
7 - 8 Step Left behind Right. Touch Right toe to Right side

Counts [49 – 56] Weave. Toe Touch. Cross Touch x 2

1 - 2 Cross Right over Left. Step Left to Left side
3 - 4 Step Right behind Left. Touch Left toe to Left side
5 - 6 Cross Left over Right. Touch Right to Right side

7 - 8 Cross Right over Left. Touch Left to Left side

Counts [57 – 64] Cross Touch x 2. Unwind 180 degrees anticlockwise, Hip Bumps x 2

1 - 2 Cross Left behind Right. Touch Right toe to Right side

3 - 4 Cross Right behind Left. Touch Left toe to Left side

5 - 6 Cross Left behind Right. Unwind 180 degrees anticlockwise

7 - 8 Right hip bump. Right hip bump

Start again

Restart on wall 3 after first 16 counts

Dance ends on wall 6 after 16 counts

Tips: Teach Right hips bumps x 2 in Intro after you have taught the dance

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